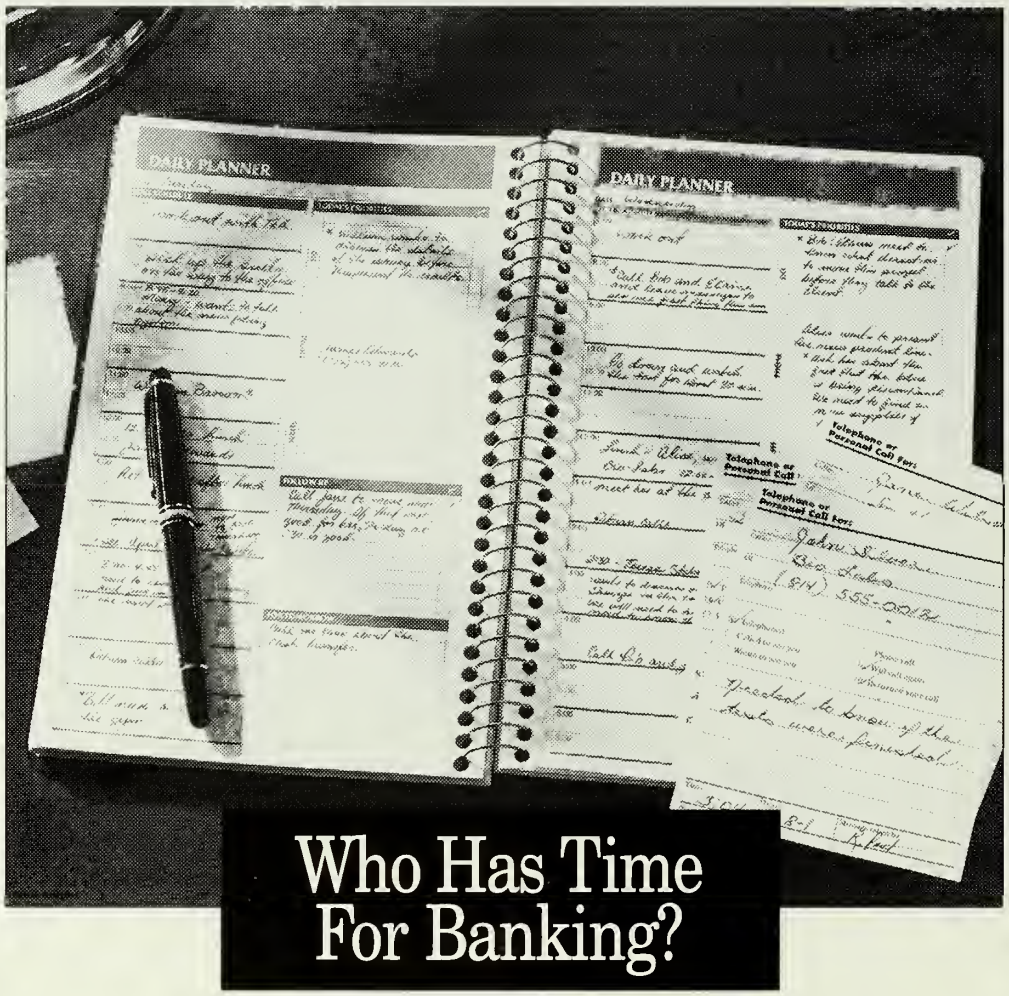
MEDICAL COLLEGE OF GEORGIA · GEORGIA'S HEALTH SCIENCES UNIVERSITY · 1828

Today

Volume 24, Number 1 Fall 1995

1994-95 Annual Report



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Today

Volume 24, Number 1 Fall 1995

Introduction

This time last year, we were pondering the effects of federal healthcare reform legislation that never materialized. But make no mistake: whether by fiat or market forces, a revolution in healthcare is inevitable. In fact, it is well under way.

A frightening proposition? Not at the Medical College of Georgia. We have the strength and flexibility to respond quickly and effectively to change. Moreover, we have the vision to shape our own destiny. We consider the changing landscape a challenge that we are well-prepared to meet. But be assured that even as we alter the way we do business, we will never deviate from our original goals: quality education, research and healthcare.

A prime example of MCG's ahead-of-the-curve heritage is an article in this edition of *Medical College of Georgia Today* profiling alumnus and retired faculty member Corbett Thigpen. Dr. Thigpen trusted his own instincts and expertise throughout his career, even when his ideas conflicted with time-honored theories in his field of psychiatry. His contributions to the understanding of the mind are manifold.

Speaking of education, we thought you might be interested, in light of today's intense scrutiny regarding healthcare costs, to know what an exceptional bargain an MCG education is. Read about it in this edition of *MCG Today,* along with the various programs and services available to help MCG students finance their education.

Please note the cover of this edition: an artist's rendering of the new Children's Medical Center. Read how our new facility—a vital example of MCG's investment in the future—is shaping up.

And don't forget to check our annual Benchmark section, noting the many people who help make MCG the thriving, progressive institution that it is. Your name is probably among them, and you have our deepest gratitude.

Sincerely,

Francis J. Tedesco

Francis J. Tedesco, M.D.
President, Medical College of Georgia

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The Medical College of Georgia is the health sciences university of the University System of Georgia. Focusing on health-care education, research and patient care, the Augusta-based institution consists of MCG Hospital, more than 80 support clinics, statewide outreach programs and the Schools of Allied Health Sciences, Dentistry, Graduate Studies, Medicine and Nursing.

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A Glimpse into the Soul

Dr. Corbett H. Thigpen was only a teen-ager when he learned to peer into someone's eyes and catch a glimpse of his soul.

Oh, he probably wouldn't use the word *soul;* he's much too pragmatic for that. But his pragmatism was likely hard to spot back in those days.

He was in high school during the Great Depression when his father fell ill. The boy was desperate to help support his family. So he developed a magic act and began peddling it at grammar schools and high schools in his hometown of Macon, Ga.

"The school kept 40 percent and gave

me 60 percent," he recalls, noting that the payment wasn't necessarily money. "The schools would take anything people would bring to get in. I'd come away with a trunk full of canned vegetables and eggs."

Better than nothing, he reasoned, and he worked hard refining his act. Eventually, he added a new twist to it: hypnotism. He bought a booklet on the subject, perfected the technique and began awing his auditorium-filled crowds with it.

By sheer necessity, he turned into an incredibly quick study of the human psyche. Not everyone can be hypnotized, he explains. Some are more suggestible than others. While performing his magic on the stage, he'd scan the crowd, searching for that certain something in their responses that gave him the hunch they'd be easily hypnotized. He'd invite a dozen or so on to the stage, then dismiss all but the four or five whom he had further narrowed down. If his hunches proved wrong and the audience members he chose weren't suggestible, his act was doomed. But even in his earliest acts, he seldom proved wrong, and after a while, he almost never was. Asked what it *was* he was looking for in people's eyes, he can't say. He just knew it when he saw it.

He's equally nebulous about specifically how he hypnotized them. "I just used my eyes," he says, as if the skill was as simple and straightforward as winding a watch. To Dr. Thigpen, of course, it was simple—and spectacularly entertaining. He'd tell a hypnotized subject that his mother was in the audience trying to find him, and the hapless subject would roam the aisles, calling out, "Mom?" Or he'd convince his subjects they were on a baseball field playing a game; the audience roared with laughter as the "team" earnestly pitched and batted at a non-existent ball.

Dr. Thigpen didn't realize at the time that he was laying the groundwork for his career. For as long as he could remember, he'd wanted to follow in the footsteps of five generations in his family and become a doctor. So in 1942, he enrolled at the Medical College of Georgia. But he hadn't decided which specialty to pursue until one day during his sophomore year. He was in class when Dr. Hervey Cleckley, then Chairman of the MCG Department of Psychiatry, came into the room and asked if he could see Dr. Thigpen after class. The student uttered his consent while his mind raced, wondering what kind of trouble he could possibly be in.

But he wasn't in trouble at all. Dr. Cleckley had heard of Dr. Thigpen's past as a hypnotist. He thought the skill might have therapeutic value for some of his patients and wondered if the sophomore would help him out.

That day marked the beginning of one of the most treasured relationships of Dr. Thigpen's life: his friendship and professional association with Dr. Cleckley. He was honored to help out the already world-renowned psychiatrist; in 1939, Dr. Cleckley published *The Mask of Sanity*, still in print today, and was a world authority on psychopathy. When Dr. Thigpen graduated from MCG in 1945, he promptly completed a residency in psychiatry and joined the MCG faculty to continue the collaboration.

The two maintained a private practice in addition to their MCG positions, treating a wide range of psychiatric conditions both individually and as a team. Dr. Thigpen continued hypnosis therapy when appropriate; it proved useful in cases of conditions such as "hysteria"—neuroses that could manifest themselves in ways ranging from psychosomatic paralysis to intractable hiccups to a woman's staunch but false belief that she was pregnant.

He cites one patient whose stress manifested itself as chronic vomiting. Dr. Thigpen determined that the woman, a young bride who lived with her in-laws, was cowed by a loving but manipulative mother-in-law. "She was vomiting up her mother-in-law," Dr. Thigpen explains with his typical deadpan expression. Dr. Thigpen called the mother-in-law into his office and gently asked her to pull back a bit from her daughter-in-law's life. The woman complied, and the vomiting ceased.

Of course, not all his cases were so cut and dried. He recalls his frustration at observing his colleagues using psychotherapy to treat psychoses such as schizophrenia. He was convinced that such disorders had organic roots which no amount of talking would cure. Dr. Cleckley agreed, but said, "We don't have any proof."

"I said, 'Freud didn't have proof of his ideas, either,'" Dr. Thigpen countered.

He and Dr. Cleckley commenced trying to obtain their proof, conducting several neurological studies together. He also advocated medical treatments such as electroconvulsive therapy, which he maintains is the most effective treatment for depression and has been unjustly maligned.

Dr. Thigpen shared his views in the classroom. "I told my students they'd learn about Freud because that was the popular theory. But I said, 'Just as sure as you're sitting in your seats, these illnesses will turn out to have an organic basis.' And I was right. Dr. Cleckley and I agreed it would be best to show the foolishness of the Freudian theory. And we did, time after time."

Former students remember Dr. Thigpen well. "He taught me psychobiology and it was really a very interesting course and very well done. I remember a lot about it even today. He was an excellent teacher," says Dr. Roy Witherington, a 1953 graduate of MCG who now is Professor and recently retired Chief of the MCG Section of Urology in the School of Medicine.

Dr. Witherington recalls Dr. Thigpen's flair for drama; he once hypnotized a patient for the class and even whipped out a few magic tricks occasionally for a touch of levity. "He was a showman, but he was quite good at putting things in simple terms that you could understand."

Dr. Allan Stocks, an MCG School of Medicine graduate who today is an ophthalmologist with Augusta Eye Center, recalls that Dr. Thigpen's class was taught at 8 a.m. Saturday mornings—typically not an optimal time for class attendance. But Dr. Thigpen's class "was standing-room only," Dr. Stocks says. "He was the most educational, entertaining, spellbinding professor it was ever my privilege to sit at the feet of."

Dr. Stocks' enthusiasm for Dr. Thigpen's teaching is matched only by his admiration for him as a person. "Corbett Thigpen is my hero, what I have always wanted to be when I grew up," he says. "He is, to his toenails, a fine Christian gentleman."

As is typical of Dr. Thigpen's relationships, he, Dr. Witherington and Dr. Stocks remain friends to this day—"kind of like the friendship you have as an adult with your father," Dr. Stocks says.

As much as Dr. Thigpen loved teaching, he opted to pursue a full-time private practice with Dr. Cleckley in 1954. The school was asking its full-time faculty to give up private practices, and the psychiatrists opted to teach part-time instead.

Shortly after setting up their practice full time, their most famous patient came into their lives. "Eve" was a frustrated and unhappy young wife and mother whose problems in her marriage ranged from sexual to religious differences. She also began reporting blackout spells and blinding headaches. "I thought it was a hysterical reaction to problems she was having with her husband," Dr. Thigpen said.

Drs. Thigpen and Cleckley in 1978 presenting 26 editions of* The Three Faces of Eve *to MCG's Robert B. Greenblatt, M.D. Library.

Then one day during therapy, Eve asked Dr. Thigpen, "If you hear voices, does it mean you're insane?"

"I'd never seen any indication she was schizophrenic," Dr. Thigpen recalls. "I asked her to tell me more about it, and a strange look came over her face. Then her demeanor changed and she asked for a cigarette. Well, until then, she'd never smoked a'tall!"

He quickly asked Dr. Cleckley to sit in on the session, and the doctors noticed that Eve not only was acting out of character but was referring to herself in the third person. When time had run out for the session, Dr. Thigpen told Eve her husband was waiting to take her home.

"She said, 'What husband? I'm not married to that lout! I'm not going home with him.' Well, I was in a fix. Here her husband was, sitting outside waiting for her."

Dr. Thigpen didn't realize it at the time, but he and his colleague had just been introduced to one of two alternate personalities they eventually discovered lurking within Eve's psyche. About a hundred cases of multiple personality had been documented previously, but the condition was rare enough to astound the psychiatrists. "I've also read about dinosaurs, but you'd be amazed to run into one, wouldn't you?"

Dr. Thigpen came to theorize that Eve's personalities were originally imaginary playmates in a lonely and stressed childhood. The playmates eventually took on lives of their own, doing things Eve would never do and, in her mind, exempting her from responsibility. He and Dr. Cleckley worked with her for months helping her integrate the personalities. And they began writing a book about the case. Dr. Cleckley took a three-month leave of absence to devote full time to the project, and Dr. Thigpen would rush to his side after work to help him write.

Of course, the rest is history. Only weeks after submitting the manuscript to the McGraw-Hill Book Company Inc., 20th Century Fox was trying desperately to reach Dr. Thigpen by phone.

"You know, the residents were always playing jokes on each other and the faculty, and I thought it was a joke," he says. "I told my secretary to tell them I was busy."

But the film company kept trying, and soon, both a book and movie were in production. *The Three Faces of Eve* catapulted Drs. Cleckley and Thigpen to worldwide renown.

But Dr. Thigpen was, and is, casual and unaffected about the fame. He notes wryly that the venture certainly didn't make him rich; he and Dr. Cleckley weren't exactly business sharks, as their contracts attested. And as always, their love was in their work and their concern was for their patients. He stays in occasional touch with Eve to this day.

Dr. Thigpen continued his private practice until vertigo and hearing loss forced his reluctant retirement in 1987. Today, at age 76, he lives quietly in rustic Grovetown, Ga., with wife Mary Ann. He enjoys gardening but admits he profoundly misses his work. He stays involved in medicine vicariously via one son, an orthopedic surgeon in Augusta, and another who has just enrolled in the MCG School of Medicine. A third son is an attorney in Augusta. "I guess the thing I'm most proud of is my three sons."

And the things that are now gone in his life—his relationship with the now-deceased Dr. Cleckley, for instance—live on in his memory. "We had a wonderful time together. He said one time he didn't know whether I was his son or his daddy. I was devoted to him."

All in all, Dr. Thigpen says there's very little about his life he would change. "I've had a good time, a gloriously happy life." ■

—CHRISTINE HURLEY DERISO

CHEMICAL REACTIONS

Editor's Note: The following articles detail two examples of environmental research being conducted at the Medical College of Georgia.

Two categories of chemicals used to manufacture common goods like paper, plastics, paints and shoes can cause nerve damage to the extremities very similar to that potentially caused by diabetes, poisons and chemotherapy.

That commonality is providing research ground for a Medical College of

Dr. Dale W. Sickles

Georgia neurotoxicologist studying how the central nervous system controls the most-distant extremities and how disease and chemicals in the environment can weaken or destroy that control.

"The number of compounds out there is growing immensely," said Dr. Dale W. Sickles. "The last guess is there may be as many as 250,000 different chemicals in the environment that can produce a variety of different types of neuropathies." Nerve problems in workers who help manufacture many of these compounds have been documented for 30 years; that's about how long scientists have been trying to find out how these agents do damage, Dr. Sickles said.

He hopes his work—based on the theory that the chemicals derail the normal communication process between the brain and extremities—will yield a test for neurotoxicity and provide a model for studying similar changes that occur with disease.

Victims of chemical exposure or diseases such as diabetes may lose sensation and coordinated muscle function in the hands and feet. "If you can determine all the different sites at which toxic chemicals can affect this particular process and cause these nerves to die, then you can eventually screen new chemicals and prevent these types of injuries," Dr. Sickles said.

"It has been suggested that exposures to environmental chemicals can contribute to neurodegenerative diseases seen later in life. Some population studies have found evidence that environmental factors are associated with diseases such as Parkinson's and Alzheimer's. It may be that environmental agents kill a lot of neurons over time and it's the cumulative effect of that destruction that makes the person susceptible to these degenerative diseases."

Dr. Sickles believes these chemicals interfere with the normal transport system, called axonal transport, that carries chemicals produced by the central nervous system on the long journey out to the hands or feet. A tiny motor protein drags the chemicals stored in sacs called vesicles down a track of microtubules to the extremities. "The protein motors are directly affected by these toxic chemicals," Dr. Sickles said. "The job of these protein motors is to transport proteins down to the distal nerve. By compromising that, you are decreasing the amount of supplies to the nerve and it eventually dies. If these nerves die, you lose sensation, become very uncoordinated and eventually paralyzed if you lose enough of them. Anything which compromises oxygen or energy supplies to these nerves will also produce this type of degeneration."

In his work, funded by the National Institute of Environmental Health Sciences, Dr. Sickles is assembling and disassembling pieces of the 30-year-old scientific puzzle. "We are actually purifying these proteins and putting them back together and getting them to function. We can actually see them functioning on a computer-assisted visualization system. Then we can expose them to the chemicals and watch them malfunction."

The chemical compounds he's studying are literally everywhere. Acrylamide is used in water purification plants to help remove particles. "It's used in the mining industry where they pump it into the soil where it solidifies and hardens the soil. It's used in paper manufacturing; it hardens paper," Dr. Sickles said. "There are hundreds of thousands of tons of this manufactured every year." Hexanes—organic solvents used in paint, glues and shoe manufacturing—are likewise common.

Acrylamides are a documented hazard to those involved in their production, but the hardening compound is probably not much of a direct hazard to consumers, who usually are exposed to it after polymerization, a chemical reaction in which two or more small molecules combine to form a larger molecule, Dr. Sickles said. The Environmental Protection Agency is analyzing whether acrylamide should be classified as a carcinogen, Dr. Sickles said.

Hexanes may be a more direct threat to consumers depending on the product, he said, referencing that long-term glue-sniffing, for example, can result in nerve death in the nose, as well as the hands, feet and spinal cord.

IT HAS BEEN SUGGESTED THAT EXPOSURES TO ENVIRONMENTAL CHEMICALS CAN CONTRIBUTE TO NEURODEGENERATIVE DISEASES SEEN LATER IN LIFE.

A Medical College of Georgia researcher is studying the health effects of long-term exposure to sub-toxic doses of chemical warfare agents, such as levels that may linger in the soil, plants and weaponry of war-torn countries.

His work may help explain why veterans of the Persian Gulf War have reported a variety of symptoms—rashes, headaches, nightmares, autoimmune diseases and, commonly, short-term memory loss—despite lack of proof of overt chemical warfare. It also may show whether drugs used to help slow memory loss or improve memory in some patients with Alzheimer's disease may benefit victims of these long-term exposures.

"There are tons of information about what these drugs do on an acute basis," said Dr. Jerry J. Buccafusco, MCG pharmacologist, Director of the Department of Veterans Affairs Medical Center Neuropharmacology Laboratory and principal investigator of a $380,000, three-year grant funded by the U.S. Department of the Army. But effects of long-term, low-level exposure to these agents—many of which are used as insecticides in the United States—can be much more subtle, said Dr. Buccafusco.

High-level exposure paralyzes the lungs. "It freezes your respiratory muscles so you suffocate to death," Dr. Buccafusco said, describing agents called acetylcholinesterase inhibitors, which can be inhaled or absorbed through the skin. Dry desert climates promote the longevity of these agents.

Acetylcholine is a neurotransmitter which helps nerves communicate; a progressive loss of acetylcholine is believed largely responsible for the memory loss associated with Alzheimer's disease. Key drugs used to treat the disease raise acetylcholine levels. Cholinesterase is an enzyme that breaks down acetylcholine.

"You [also] need acetylcholine to move your muscles. It's a transmitter that contracts and relaxes your muscles," Dr. Buccafusco said. Common chemical warfare agents block the breakdown of acetylcholine so the body builds an oversupply. Muscles then freeze because they can only contract, not relax. "It's the same basic approach to kill insects. You mess up their physiology by giving them too much acetylcholine. They don't know how to handle that. They just keel over and die."

Dr. Jerry J. Buccafusco

These durable, deadly agents can linger for undetermined times in regions where they've been used or stockpiled, as is true of the United States. And, ironically, protective medications soldiers take to survive chemical warfare work in much the same way as the agents themselves by temporarily blocking the enzyme, cholinesterase, so it can't be permanently destroyed by the warfare agents. "The idea is the reversible drug that is in the solution will bind to the enzyme, block the other compound from getting to that enzyme and then, with time, will wear off and give you a free enzyme again," Dr. Buccafusco said.

But these protective agents have to be in the bloodstream before an attack. So simply the possibility of a chemical warfare attack can lead to chronic, low-level exposure as soldiers take the medications, sometimes repeatedly, to protect themselves, Dr. Buccafusco said. This phenomenon could account for Gulf War veterans' medical complaints, he said.

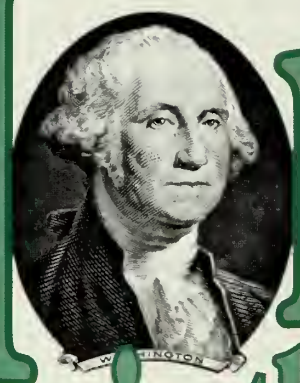
"We don't know very well the status of the neurochemistry in someone who has been poisoned over a long period of time. The system is in great compensation, obviously. The whole cholinergic system is almost totally shut down. It's sort of like a spring that has been coiled, waiting to spring out again."

Dr. Buccafusco's work likely has implications beyond chemical warfare; for instance, farmers who work with insecticides are exposed to essentially the same chemical warfare agents. "If a farmer walks out in the field and happens to inhale a whole bunch of these insecticides, he can die. On the other hand, you can have another farmer who is walking through the leaves, brushes up and gets some on his skin and he may do this for a period of a month or more. He looks normal," but his cholinesterase levels could be near zero. "He has been poisoned slowly…so that it doesn't kill him but his whole system is in a state of compensation."

Dr. Buccafusco is modifying memory and learning models from his work with Alzheimer's disease to focus on long-term exposure to chemical warfare agents. "Once we have the model and we know the basic changes that have taken place to produce this model, the next step is trying to see what we can do to help," he said. "We don't know whether Alzheimer's drugs being developed will help these people or not. There are many [other] classes of drugs we now know can improve memory. Which types might best work on these people is the type of thing we are trying to determine and at the same time produce a cohesive theory about what causes short-term memory loss. We now know that [chemical warfare agents] affect the memory, but we don't know how or how changes take place over long periods of time."

—TONI BAKER

Money in the Bank



While many students come to the Medical College of Georgia with dreams of their future careers, most also have more down-to-earth concerns on their minds, including how they will pay to reach those dreams.

"Our goal and commitment is to make sure that no student will be unable to come to MCG because of lack of funds," said Dr. James B. Puryear, Vice President of Student Affairs.

Three-quarters, or more than 1,550, of MCG students from all five schools receive some form of financial aid, including scholarships, grants, loans, service scholarships (in which students agree to practice in a high-need area or in the military for a time after graduation), non-resident tuition waivers, graduate assistantships and college work-study programs. The financial aid office coordinated more than $14 million in awards and loans to students during the 1994-95 school year.

Most students receive a mixture of aid, although the majority of it is usually loans, which must be repaid by students after graduation. Approximately 70 percent of the aid awarded last year was in the form of loans, usually through federal programs such as Stafford student loans.

A new form of funding for many students of MCG's undergraduate programs is the HOPE scholarship, funded by the Georgia lottery. This program provides tuition, fees and $100 toward books to qualified Georgia residents who are earning a bachelor's degree.

"Our second commitment is to help students keep their loan debt as low as possible, so we are always looking for other sources of funding," Dr. Puryear said. "[But] school is a very good investment for our students, even if they do graduate with debt. Their earning power is so much greater with a degree from here."

The average level of student debt varies by school within the university. Graduate studies students typically owe the least, an average of approximately $9,200; the average debt level is $10,000 for allied health students and $11,000 for nursing students. Dental students graduate owing an average of $34,000 and medical students owe an average of $36,000.

"While this may sound like a lot of money, and it is, it also is an investment in their future and a career these students will probably practice for many years," Dr Puryear said. These figures also are much lower than the national average. Nationally, medical and dental students owe nearly twice as much, an average of $63,000 upon graduation.

The financial aid office figures not

only the price of tuition into a student's financial need, but also books, food, a place to live and so on, according to Sandra D. Fowler, Director of the Office of Student Financial Aid.

"We understand that committing to school involves more than just paying the tuition," Ms. Fowler said. "It means actually living for the time it takes to complete your education, and we work with each student to help make that possible, both through the funding we help them secure and, I think just as importantly, through information we offer on budgeting, ways to keep borrowing down as much as possible and so on."

In addition to loans and scholarships, many students work part-time to help pay for school. For example, senior dental student Jacqueline Malone-Harper has a variety of financial aid, including a Stafford loan and several scholarships awarded because of her high grade-point average. In addition, she earns extra money by tutoring other dental students and working part-time in the school's prosthodontics laboratory. Both are jobs she chose because they allow her to coordinate time for work and time to spend with her 7-year-old son, Brandon.

Jacqueline Malone-Harper

"I was a dental lab technician in the Air Force before I decided to come to dental school, so I had a little bit of a head start on some of the subjects," she said. "And both tutoring and the prosthodontics department work are flexible, so I can balance spending time with my son."

Although Jacqueline is very much aware of the debt she will have to repay after she graduates, she feels the time and money spent at MCG will be worth it for both her and her son.

"The debt does worry me some, but when I made the decision to go to school, I knew it would mean taking out loans to pay for it. You know that once you graduate, you'll be able to repay it, and we'll have a better life after I've earned my degree," she said. "And I think it's good for Brandon, too. He'll be a better person for having seen me set a goal and work to make it happen.

"I think it's important for people to know that finances don't have to stop you from going to school," she said. "If you do well in school, there is money available, and the financial aid office is here to help you find it. You just have to set your goals and work for them."

"We work very hard to make the whole process as easy as we can for the students," Ms. Fowler said. "We meet with students during orientation to explain the financial aid process and how loans and grants work. When a person wants to apply for aid, we send the applications directly to his student mailbox, and once someone is on our computer, he automatically will receive them in the mail.

"Our office also has one person specifically assigned to work with each school, and we really get to know our students. This helps particularly when you begin looking for other sources of funding for their education."

The financial aid office not only helps student obtain aid, it also provides loan counseling and debt management counseling to help students minimize their debt and help ensure that they pay it off after graduation, according to Dr. Puryear.

An entrance loan counseling session is held for students before receiving any loan check, and exit loan counseling is provided for students when they prepare to leave school. In part due to programs such as these, about 97 percent of MCG students repay their student loans on schedule.

—INGRID HEGGOY

THE Genesis OF A.D

A.M.

One need only stroll through A.D.A.M. Software Inc.'s Atlanta headquarters to get an anatomy lesson.

Its offices are named after body parts and illustrated accordingly. Need to use the rest room? Look for the door with a kidney on it. One conference room is named for the brain's left hemisphere (the portion responsible for creativity); the other is named for the right hemisphere (home of logic and pragmatism). In between the two conference rooms is an office named after the hypothalamus. This office—an expansive, glass-paneled, eighth-floor room overlooking towering Georgia pines and the snaking Chattahoochee River—is the stomping ground of Gregory M. Swayne, President and Co-Founder of A.D.A.M.

"I sit right in the middle [of the left and right hemispheres]," Mr. Swayne notes. "I wonder if that's symbolic."

And, of course, it is. He created A.D.A.M. (Animated Dissection of Anatomy for Medicine) with equal parts of precision and boundlessness, science and intuition, technology and reverie. Mr. Swayne is that most rare of creatures: an artist with a great head for business.

"Art was clearly the skill I developed first, but I've always had a fascination with science and medicine," he said. "That was a struggle until I discovered medical illustration."

Mr. Swayne learned about the field while earning an undergraduate degree at the University of South Carolina. One of his art teachers observed his penchant for realism and suggested Mr. Swayne might want to pursue medical illustration.

He enrolled in the Medical College of Georgia master's-degree program in medical illustration and earned his degree in 1984. "There's no question MCG prepared me very, very well for my profession," he said. "I give a tremendous amount of credit to the program. You're not spoon-fed. You have to pick it up on your own, but the faculty give you the opportunity to do that."

As enamored as he was with the field, he graduated with a quandary shared by many of his colleagues: how to put his expertise to practical, and preferably fun, use. Some medical illustrators work for medical schools, creating illustrations for use in educational and clinical settings. Some produce illustrations for textbooks, encyclopedias or other publications. Mr. Swayne opted for a free-lance career to enhance the chances that he could do a little of anything and everything in the field.

He moved to Atlanta and rented a tiny office to work from. Almost immediately, he landed a client: a book company that needed anatomical illustrations of feet. Lots and lots of feet.

For more than a year, Mr. Swayne devoted himself to the project, grateful for the work. But as the months wore on, tedium set in. "I thought, 'Is this what I really want to do?'" The answer, he decided, was an unequivocal no. He sensed there might be a market for medical illustrations in the legal field, so he began making cold calls to local lawyers.

"It was evident immediately that there was a huge untapped demand," he said. Mr. Swayne proposed to the lawyers creating anatomically precise illustrations of injuries for use in personal-injury cases, or any other medical illustrations needed for legal purposes. The business, which a lawyer soon joined as partner and was named Medical Legal Illustrations Inc., took off immediately. Lawyers found the service particularly helpful in personal-injury cases in which the injury had been inflicted long before the case ever made it to court. Mr. Swayne's illustrations "recreated" the injury, eliminating the need for a judge or jury to engage in guesswork.

Mr. Swayne stresses that he was not an advocate for either plaintiffs or defendants. He simply worked with a patient's physician to produce the most accurate illustration possible of the injury for the lawyer seeking his services. He never testified in court, instead simply providing materials which might make the case more understandable. Still, despite the business's huge success, Mr. Swayne once again began scrutinizing his career.

"There's just too much litigation in general; that's my objection," he said. "I really didn't feel I was working toward a solution as much as contributing to the problem."

Plus, he was exhausted. "I was spending all my time on the road promoting the business, then coming back and doing all the work." By the late 1980s, the business's success enabled him to begin hiring marketers and other artists. In 1989, the business grossed more than $1 million in sales. "Around that time, I started getting itchy. The business was pretty much on autopilot by then. I wanted more of a challenge, and I continued to feel that this wasn't really the contribution I wanted to make to society."

It was during this period that Mr. Swayne discovered computers. Bob Cramer, a partner in Medical Legal Illustrations Inc., was starting a new magazine in his office as a sideline. Mr. Swayne began teaching himself to use Mr. Cramer's Macintosh. "There was no

computer training while I was at MCG," he said. "I missed that curve just barely."

Mr. Cramer's magazine eventually went under, but the partners realized the implications of computer work in medical illustration.

"It's incredible what you can do in the same amount of time using a computer," Mr. Swayne said. He recalled his foot-drawing days: much of his work was practically identical, save a few details, but he had to start from scratch with every drawing. With a computer, he could preserve his work in cyberspace and re-use it indefinitely.

He and his partner had an idea. Mr. Swayne remembered perusing anatomy pictures in encyclopedias. The drawings were on transparent paper, and one sheet could be laid over another, creating layers of detail. What if that information was computerized? "I decided to create a human being on a computer allowing the user to peel down the layers from skin to bone—literally every single layer of the body, hundreds of layers, like peeling away the transparencies in an encyclopedia."

They didn't really visualize the market for the project, but Mr. Swayne instinctively realized that the tool would combine the best elements of printed material and cadavers for medical students and others studying anatomy intensively.

"I guess in retrospect we took a field-of-dreams approach," he said. "We figured if we built it, they would come."

He and Mr. Cramer threw themselves into the project, using their staff to keep Medical Legal Illustrations Inc. running smoothly. Mr. Swayne started by creating life-size anatomical illustrations of the hand, then converting his work to a computer. It took about a month. Then he moved on to the foot, which took two months. "What became apparent immediately was the scope of the project, man-hour-wise," he said. "I estimated it would take one person 10 years to do the whole body."

Not exactly practical. So he hired 20 artists, dividing them into body-part teams. He created "recipes" for them to work from—specific palettes, dimensions, etc.—so their work would look uniform when combined to form a whole body, with anterior, posterior, medial and lateral views. No single source, printed or otherwise, provided anatomical information as detailed as the artists required for the project, so they researched the project from about 10 different sources and consulted with anatomists from Emory University. "We set the bar very high. We didn't say, 'Let's crank it out quick and get it into the market,'" Mr. Swayne said. "We wanted it to be a quality product."

And he had no intention for the product to be simply a computerized version of textbook material. A.D.A.M. includes animated representations of cellular and molecular events; self-quizzes; anatomy reviews relevant to the physiology being discussed; video clips of a "virtual professor" who appears periodically to emphasize important concepts and clarify challenging points; "hotwords" to be clicked on for definitions and more information; same-screen animations and graphs to help interpret graphical information; a glossary; and more. The A.D.A.M. staff even invented computer technology as it went along, including a built-in computerized magnifying glass to enlarge a portion of an illustration and Pixel Level Recognition, enabling users to click on a body part and have more than 20,000 related anatomical structures immediately identified.

During its production, Mr. Swayne invited physicians to invest in the project, enumerating its potential uses, including education for students, training and continuing education for practicing physicians, and information for patients wanting to learn about, for instance, an upcoming surgical procedure. Dr. C. Everett Koop, former U.S. Surgeon General, joined the A.D.A.M. Board of Directors.

By the time 5-foot, 10-inch "A.D.A.M." was a computerized anatomical reality three and a half years later, demand for the well-marketed project was already hopping. "What I didn't realize at the time was how many people needed to learn anatomy—not just medical students, but lawyers and claims adjustors, for example. We found people were rushing to purchase it. They're still saying, 'We want more.' There really is no end to A.D.A.M."

And Mr. Swayne, the savvy businessman that he is, is happy to oblige his customers. He and Mr. Cramer recently sold Medical Legal Illustrations Inc. to their third partner to focus on A.D.A.M. full time, and the staff has grown to about 80. The company integrated A.D.A.M. into a multimedia software product and formed A.D.A.M. Software Inc. to develop new software products.

Today, those products include *A.D.A.M.: The Inside Story,* featuring narrators Adam and Eve and designed for families to learn about anatomy and physiological functions (60,000 copies sold and counting), and the soon-to-be released *Nine Month Miracle,* a multimedia tour of conception, gestation and birth from the inside looking out. The consumer products stress entertainment along with education. The software is friendly, glib and funny when appropriate. *Nine Month Miracle* includes a kid-tested section for young children. A.D.A.M. Software Inc. has won numerous industry awards, including the Frank J. Netter Award for Medical Illustration, Best of Show in the NewMedia INVISION Multimedia Awards, the Grand Award Winner for the New York Festival Interactive Multimedia Competition and more recently, two CODIE Awards, considerd the Oscars of the industry. A.D.A.M. recently signed a European distribution agreement.

The company hasn't gone unnoticed by Mr. Swayne's alma mater, either. He recently was named distinguished alumnus for both the School of Allied Health Sciences and the School of Graduate Studies. Mr. Swayne has donated equipment and training to MCG's medical illustration department and has hired many of its graduates.

"Greg Swayne's contributions to the field of medical illustration have been extensive and he is well-respected by his peers," said Steven J. Harrison, Chairman and Assistant Professor in the Department of Medical Illustration. "Besides his professional accomplishments, he is civic-minded.... [He recently donated] software to the Trinity School in Atlanta with accompanying training of the faculty in its use."

"He is always willing to share his knowledge with others through publications and presentations, or even on a one-on-one basis," said Donald E. Biggerstaff, the MCG School of Allied Health Sciences' 1989 Distinguished Alumnus and Professor of the Institute for Plastic and Reconstructive Surgery at Southern Illinois University School of Medicine.

Despite A.D.A.M.'s mammoth growth, Mr. Swayne insists things haven't really changed much since the company's salad days a scant five years ago. Indeed, the atmosphere at A.D.A.M. headquarters is relaxed and informal; staffers greet each other by first name.

Mr. Swayne cites as a role model Walt Disney, a mogul whose original vision and sense of fun never wavered, even in the face of monstrous success. "It's not a revenue issue for me," said Mr. Swayne, who says he's no workaholic and has just as much fun at home with his family (he has two young children) as he does at work. "I'm interested in creating great products that fill needs. With A.D.A.M., I have an opportunity the rest of my life to keep creating the next cool product.

"I don't know how big it can get, but there's no way it could stop being fun unless we lost sight of our values. And as long as I'm here, that's not going to happen." ■

—CHRISTINE HURLEY DERISO

Charitable Remainder Trusts

One of the most publicized estate-planning devices in recent years is the charitable remainder trust. Many national financial newsletters, newspapers and magazines have devoted coverage to this subject. I believe their efforts have helped the charitable and educational institutions which try to keep their constituents informed of creative ways to make generous gifts.

As the representative of the Medical College of Georgia whose job is disseminating information to encourage gifts from a donor's estate plans, I take this opportunity to once again mention the unique benefits both to your financial interests and the future of this institution of the charitable remainder trust.

The charitable remainder trust is a legal mechanism for making immediate transfer of assets in trust, avoiding the capital gains tax, receiving a charitable deduction based on its current market value and ensuring an income while still providing future support toward the financial strength of the university.

It is especially attractive to those considering a significant gift to the Medical College of Georgia who have highly appreciated assets paying a low annual income. Probably they would increase their annual income but selling the assets subjects them to the capital gains tax. They would like to be able to give the asset to the university, but need the income for their future security. If this situation describes yours, consider this example of a charitable remainder trust.

The donors, a husband and wife both age 65, own 2,000 shares of Coca-Cola stock with a cost basis of $26,000 and a recent market value of $116,000. Their investment has grown dramatically, but only provides an annual yield of about 1.8 percent. Selling Coke stock would cost them around a third of their $90,000 gain. After paying that tax, they would have $86,000 to invest.

If the donors want to make a charitable gift to the Medical College of Georgia but need to retain the income from the donated property, they should consider a charitable remainder trust. The university foundation would take the stock in trust and sell the securities at current price. Being a charitable trust, no capital gains would be assessed; the entire $116,000 would be available for reinvestment. If a 6 percent payout was established, the donors would actually triple their annual income.

Additionally, a charitable deduction for income tax purposes would be allowed for approximately 50 percent of the fair market value on the date of gift. In a 28 percent tax bracket, that may reduce the donor's taxes by more than $30,000.

If you would like further information about the many benefits of a charitable remainder trust to the Medical College of Georgia, please contact me, Bruce Howerton, Director of Planned Giving, at 1-800-869-1113.

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AlumNews

President Reflects on Future

Editor's note: MCG Today *reporter Ingrid Heggoy recently interviewed Dr. Francis J. Tedesco, President of MCG, about his plans for the university's future, which he has enumerated in a document titled MCG: 2000 and Beyond. Here are his responses to her questions.*

Where do you see the school going?

I think we're already very fortunate, because we have already kept our strategic plan updated. In that sense, we know the direction we're moving in. We are focusing on specific areas in research – molecular medicine and genetics, immunology, health services research, aging and applied biomedical research. We are enhancing clinical care, with a strong emphasis on primary care, and we are continuing our strong commitment to education, including our ability to deliver that education through distance-learning. With the hospital, we have said that we want to be more patient/customer-oriented and to focus on family-centered care.

MCG 2000 and Beyond is really an attempt to clearly articulate the fact that our institution will be impacted by many challenges from the external environment. We have to look at really re-engineering what our institution is. I'm talking about really reinventing how we do business, to allow us to thrive in the current environment and to take a proactive stance toward the changes we can see coming. We can't just continue with business as usual. We have to re-look at how we are going to accomplish the goals outlined in our strategic plan effectively and efficiently.

What changes do you see coming in healthcare that are going to impact the university?

I think everyone who reads the paper, watches the news or listens to the public realizes that tremendous changes are coming. I think two things are going to happen, quite abruptly and rather dramatically: one, at the federal level, I think we are going to see a significant reduction in Medicare and Medicaid funding. I also see a reduction in what the federal government has been paying for direct and indirect medical education costs. These reductions will have a direct effect on the hospital's revenue.

At the state level, I think there will be a major push not only to cut costs, but also probably to match that by reducing revenue through tax cuts. So I imagine we will see a significant redirection of resources at the state level, as well as the changes at the federal level.

In addition, the other thing that is happening is a major alteration in healthcare, managed care. No longer will we see traditional fee-for-service reimbursement, but more capitated reimbursement, and I think there will be increased competition for patients in order for us to maintain adequate numbers of patients to perform our missions of healthcare education, research and patient care. I think all three of these external forces will be converging on us pretty much at the same time.

What are some of MCG's recent accomplishments that show the direction the university needs to be moving in?

An example is the new research facility and the focus in molecular medicine and genetics. I think these are things that will have major implications not only for our research, but also for our clinical care. This is an area in which we are rapidly becoming world-class, by looking at what we can do well and focusing on it. We have to choose wisely where we spend our resources on research. We don't have the resources to do everything, so we choose areas we will excel in.

How do you think the planned reductions in Medicare and Medicaid will affect how MCG does business?

A. I think it will have significant impact on hospital revenues, although we don't yet know the levels or rapidity of the reductions. More than 80 percent of the hospital's budget comes from patient revenues.

Do you think it will have an impact on MCG's ability to deliver patient care?

My expectation is that we have to start looking at ways to work smarter, with more collaboration and greater efficiency. Right now, I think a lot of these efforts will not impact on the quality of patient care.

Do you see MCG moving more toward managed care?

Absolutely. Managed care is going to happen, whether we want it or not. In the not-too-distant future, a significant number of patients will be under a managed-care contract.

Will we be able to meet their needs?

Yes, I think we will be able to meet their needs. But it involves driving down our cost, working smarter, making wise hiring decisions. I think people will need to cross-train, to some extent. I think all of these things are new challenges, but I think that by being proactive and by anticipating some of these, we will have already planned for these changes and be prepared.

Before anyone is hired or replaced, I want to ensure that there is a thoughtful, careful process of looking at how this person will fit into the needs and goals of the Medical College of Georgia, not only today, but also in the future. The other thing we're saying is that as we re-engineer our work force, job descriptions are going to be broadened, expectations are going to be broadened with this new environment. With managed care, we have to control costs to remain competitive. We still have to provide the highest level of service, but with the lowest amount of cost. We have to stop being redundant, be more efficient and more focused.

With all these changes happening, is there a message you would like to

convey to everyone affiliated with MCG?

I want each person to understand that there is a change about us. Most of it is related to the external environment, and these changes I'm outlining are our attempt to position the university in such a way that we can re-invent ourselves so we will be able to thrive in the future. ■

5 Named Outstanding Faculty

Christine Hurley Deriso

The Medical College of Georgia presented Outstanding Faculty Awards to faculty from each of the university's five schools during its May 18 Faculty Assembly.

The School of Allied Health Sciences honored Dr. Charlotte A. Johnston, Associate Professor and Chairman of the Department of Health Information Management. She is President of the Augusta Area Health Information Management Association. She chairs MCG's Library Committee and Faculty Appointment, Development, Promotion and Tenure Committee. She is a member of the Faculty Advisory Committee of the School of Allied Health Sciences Alumni Association and a member of MCG's Dean's Promotion and Tenure Committee.

The School of Dentistry honored Dr. Gretchen Barnes Caughman, Professor in the Department of Oral Biology. She is Teaching Director of the Department of Oral Biology microbiology section. She serves on the MCG Committee on Animal Use for Research and Education, the Faculty Research Ethics Committee, the Research Institute Salary Supplementation Guidelines Committee, the Biotechnology and Molecular Biology Core Facility Council and the MCG Research Institute Grants Review Committee, which she chairs. Dr. Caughman is an honorary member of the Omicron Kappa Upsilon Dental Society.

The School of Graduate Studies honored Dr. Lowell M. Greenbaum, Professor of the Department of Pharmacology who served as Dean of the School of Graduate Studies and Vice President for Research from 1986 to 1994. He founded the Southeastern Pharmacology Society, implemented a Ph.D. program in nursing, organized an interdisciplinary monthly research seminar series and originated and taught a research ethics course at MCG. He also implemented the first patent and copyright policy of the University System of Georgia Board of Regents, founded and organized the First Annual University System Research Symposium and served on the Chancellor's Research Advisory Committee and as a charter member of the board of the Educational Research and Development Association of Georgia.

The School of Medicine honored Dr. Donald C. Abele, Professor and Chief of the Section of Dermatology. He is Clinical Director of Dermatology at MCG Hospital and Clinics and was Associate Chief of Staff of MCG Hospital and Clinics from 1982 to 1986. He has served as President of the School of Medicine Faculty Senate and Assembly and the MCG Academic Council. He is Secretary of the American Dermatological Association. Dr. Abele received Excellence in Teaching Awards from the School of Medicine classes of 1970, 1971 and 1977 and won the school's Outstanding Faculty Award in 1981.

The School of Nursing honored Dr. Charlotte James Koehler, Assistant Professor in the Department of Parent-Child Nursing. She has lectured in all undergraduate parent-child nursing courses at MCG and coordinated the school's clinical practice course. She established a weekly column in *The Augusta Chronicle* called "Coping With Children" which won first place in the District 7 Sigma Theta Tau Media Award. She is a member of the American Nurses Association, Sigma Theta Tau, the International Childbirth Education Association and the Association of Women's Health, Obstetric and Neonatal Nurses. ■

Telemedicine Wins Marketing Award

Toni Baker

The Medical College of Georgia's initiative in developing a system that makes healthcare more accessible and less costly in Georgia is the grand winner of the 1995 Marketing Award for Excellence (MAX).

This third annual MAX Award, sponsored by Georgia State University's Department of Marketing and the *Atlanta Business Chronicle*, recognizes the best of new products, services and marketing innovations in Georgia-based companies or divisions.

Georgia State University's Marketing RoundTable, comprised of top marketing executives from 22 major Atlanta businesses, selected MCG and its telemedicine program from a field of a dozen finalists.

"One of the biggest things determining its selection was its potential societal impact," said Danny Bellenger, Chairman of Georgia State University's Department of Marketing. "It's the way it distributes a service. It's a significant innovation in the delivery of a product, and the potential to have major impact on the cost and quality of healthcare overall is astounding."

"I am delighted for the Medical College of Georgia, the Telemedicine Center and the state leaders who have steadfastly supported this university and the telemedicine program," said MCG President Francis J. Tedesco. "I think it's a validation of the tremendously positive, innovative role of MCG and of telemedicine as one of its products."

Telemedicine is an interactive patient-examination system designed to eliminate distance in the provision of healthcare, thus addressing issues such as rural health-care delivery and lower health-care costs. Experience has shown that 85 percent of patients seen via telemedicine do not have to leave their communities to receive definitive healthcare.

The MCG Telemedicine Center became operational in November 1991 with a hookup between MCG Hospital and Dodge County Hospital, 130 miles from Augusta. In 1994, the Georgia Statewide Telemedicine Program was developed, which will link 59 hospitals, clinics, doctors' offices and correctional facilities to the telemedicine system. Georgia Senate Bill 144 – the Distance Learning and Telemedicine Act of 1992 – has allocated $50 million to fund the expansion plus distance-learning initiatives, which enable long-distance education using similar technology.

Currently the MCG Telemedicine Center is working with evaluators at the University of Michigan to examine many aspects of this new mode of healthcare delivery. Information gathered will be used by the Health Care Financing Administration to evaluate other states' telemedicine programs and determine reimbursements for care provided via those systems. ■

Allied Health Sciences

Dr. Prendergast's Work Awarded

Ingrid Heggoy

Dr. Nancy Prendergast, Professor and Associate Dean in the Medical College of Georgia School of Allied Health Sciences, is the 1995 recipient of the highest award offered by the American Occupational Therapy Association.

The Award of Merit was presented for overall achievement and sustained contribution to the association and to occupational therapy during her 40 years in the field. She was recognized for her leadership in curriculum and faculty development. Dr. Prendergast received the award during the association's annual convention April 8-12.

She joined MCG in 1971 as the founding Chairman of the Department of Occupational Therapy, where she remains an active member of the faculty. She was named Associate Dean in 1989.

Dr. Prendergast earned a bachelor's degree in occupational therapy from Ohio State University, a master of education degree from Temple University and a doctorate in education from the University of Georgia. ■

Alum Traces Evolution of Radiologic Technology

Christine Hurley Deriso

A hundred years ago, Wilhelm Conrad Roentgen was testing a primitive cathode ray tube in the village of Wurzburg, Germany. He noticed that the tube created a green fluorescence on film, then observed that objects placed between the tube and film created shadows on the film. When his wife placed her hand in the path of the beam, he could see the bones of her hand.

And the X-ray was born.

Mr. Roentgen realized the implications. "It provided a view of the invisible," said Mary Mihm, Quality Improvement Coordinator for Radiology at the Department of Veterans Affairs Medical Center and President-Elect of the Augusta Society of Radiologic Technologists. The society hosted the Georgia Society of Radiologic Technologists' convention April 26-29 in Augusta to celebrate the centennial of the discovery of X-ray, which laid the groundwork for the field of radiology.

Since the discovery, the field has exploded with new technology. "When radiology first started, it was basically diagnostic," said Ms. Mihm, who graduated from the Medical College of Georgia School of Allied Health Sciences Department of Radiologic Technologies in 1977. "You would take an X-ray of a little boy's arm and say, 'It's broken.'"

These days, thanks in large part to ever-expanding technology, radiologists, aided by radiologic technicians, both diagnose and treat many conditions.

The invention of the X-ray has spawned medical breakthroughs including sonography, or ultrasound (using sound waves to produce an image, such as that of a developing fetus); magnetic resonance imaging (using magnetic fields to produce dimensional images); computerized tomography (which combines X-rays and computerization to form cross-sectional images); and teleradiology (transmitting X-rays and other radiological data via telemedicine).

"And there's more to come," Ms. Mihm said. "The field is moving toward filmless radiology – storing all the information on a computer disk," she said.

Technologists use the equipment to perform such tests and position patients properly. They also assess pertinent information; for instance, an X-ray for a patient with emphysema requires different technical factors than, say, a patient with pneumonia because of the penetrability of the lung. Once the data is gathered, radiologists read and interpret the film or other test results.

At that point, they may confer with another specialist or treat a problem themselves. For instance, radiologists now perform procedures such as non-cardiac angioplasty (opening a blocked artery with a balloon catheter) and embolization (injecting a foreign particle into a vessel to shut off blood flow, in cases such as tumors or trauma).

The field is growing so rapidly that technologists must continually educate themselves to keep up, Ms. Mihm said. "When I was a student, MCG didn't even have a CT scanner," she said. "And radiology at MCG used to be on the first floor across from the operating room." Now, radiologic services are located throughout the hospital and Ambulatory Care Center to accommodate demand.

"Within a hundred-year span, we've really come a long way," she said. ■

Medical Technologist Honored

The Medical College of Georgia Department of Medical Technology presented the sixth annual Outstanding Medical Technology Alumni Award to Julian David King Jr. in May.

The presentation followed the Medical Technology Education Workshop at the Sheraton Augusta Hotel. The workshop was held during MCG's homecoming weekend.

Mr. King graduated from MCG in 1986 with a bachelor's degree in medical technology. Since his graduation, he has worked at University Hospital as a medical technologist and is now a senior medical technologist in the Virology/Immunology Laboratory. He and wife Norene live in Martinez with their two children, Megan Ashley and Evan Franklin. ■

Society Honors Mr. Shaikh

Abdul Hamid Shaikh, Associate Professor of Medical Technology at the Medical College of Georgia, has been recognized by the Georgia Society for Clinical Laboratory Science for his contributions to the profession of clinical laboratory science in the area of clinical chemistry.

Mr. Shaikh received his master's degree in endocrinology from MCG and his master's degree in biochemistry from the University of Karachi in Pakistan in 1967. He is the Graduate Program Director for the Department of Medical Technology. ■

P.A. Program Reaching Out to Rural Georgia

Ingrid Heggoy

The Medical College of Georgia Department of Physician Assistant's commitment to rural health care begins with its students – even before they are accepted into the program.

It begins with the way some students are selected for the program. Six students in the class of '95 are from the 38-county region surrounding Albany, Ga., and are selected by committee from the Southwestern Georgia Area Education Center. This SOWEGA-AHEC is a satellite site for the program and works closely with the MCG program in educating students from the area. These students complete their course work at the main MCG campus in Augusta, but complete all seven of their clinical rotations in the Albany area.

It also begins with the department's "Closer Look" program, during which prospective students visit the campus and learn more about the program. "We explain during that day about our rural emphasis and the need for healthcare professionals in rural Georgia," said Winston Hunt, Clinical Director of the P.A. program.

"All P.A. students must do at least one rotation in a medically underserved area of the state," Mr. Hunt said, "but many choose to do more, especially once they've been there." The class of '95 will do 45 percent of its clinical rotations in medically underserved areas of Georgia.

And it is easy for students to choose a rural site. Approximately three-fourths of Georgia's counties are designated as medically underserved.

The program's efforts are paying off. Out of 23 students in the class of '93, seven went into practices in medically underserved areas of the state. All four of the SOWEGA-AHEC students in the class of '94 are now practicing in rural Southwest Georgia. An additional seven students from that class, for a total of a third of the class, also chose to enter rural practice.

"We also spend some time with the students before they go on their rural rotations to try to help them prepare and overcome any culture shock they might feel," Mr. Hunt said. "I spend at least an hour with each student individually, choosing sites that will meet their needs, discussing any apprehensions they might have and their professional goals as a P.A. as we develop their rotation schedule." In addition, Lacy Douglas, a physician assistant and Director of the satellite program, spends two hours with each class, introducing class members to rural practice. His slide show helps prepare the students and he is available to answer their questions.

One of the things that most impresses students when they go to a rural clinical rotation is how much work there is to do and how much P.A.s and other health-care professionals are needed there, according to Mr. Hunt.

The satellite program in Albany has been so successful that the department is in the process of setting up a similar one in Dublin, Ga., in cooperation with the Georgia Cooperative Health Manpower Education Program Inc. The department hopes to accept four students from the Dublin area into this fall's class, and perhaps set up similar programs in additional areas of the state.

"I think students discover, especially if they decide to enter primary care, that you really get to know your patients and families in the rural areas," he said. "You'll help deliver the babies, give them their shots, take care of them when they're sick, and know them as they grow up. You'll really know the people you work and live with. And you know that you are needed. ■

Jeffrey S. Dowling, President of the Allied Health Sciences Alumni Association, and Steven Harrison, Chairman of the Department of Medical Illustration, present Distinguished Alumnus Award to Gregory Swayne during Homecoming.

Dentistry

Dental Seniors Rank Second Nationwide

Glenn Hudson

The Medical College of Georgia School of Dentistry 1995 senior class ranks second in the nation out of 55 U.S. dental schools in clinical skills according to scores on the recent American Dental Association National Board Examination. The seniors averaged 85.4 overall on the exam. The highest overall average was 85.5.

The ADA National Board Examination is divided into two parts. Part one deals with basic science and is given during the sophomore year. Part two is a comprehensive exam which deals with patient care and clinical skills and is given during the senior year.

The MCG students ranked in the highest percentile in nine of 10 subject areas. They ranked first in the country in prosthodontics and periodontics. There were no failures in the class. ■

Dr. Haywood Named Distinguished Alumnus

Dr. Van Haywood was named the 1995 Distinguished Alumnus by the Medical College of Georgia School of Dentistry Alumni Association during homecoming May 5-7.

Dr. Haywood, Associate Professor in the MCG Department of Oral Rehabilitation, earned his dental degree from MCG in 1974 and joined the faculty as an Associate Professor in 1993.

Before joining MCG, he was an Associate Professor in the Department of Prosthodontics at the University of North Carolina School of Dentistry, where he received the 1989 Richard F. Hunt Memorial Award for Teaching Excellence. He frequently gives presentations on bleaching, esthetics in dentistry and practical private-practice treatment methods and occlusal schemes in restorative dentistry. He is a member of the Academy of Operative Dentistry and the American Academy of Restorative Dentistry. ■

Research Targets Safer Fluoride Treatment

Glenn Hudson

Researchers at the Medical College of Georgia School of Dentistry have demonstrated that topical foam fluoride treatments are a safer means of delivering fluoride to the teeth than fluoride gels during routine office procedures. The research earned first place in the 1994 American Academy of Pediatric Dentistry Educational Foundation Clinical Research Competition.

Dr. Steve Adair, Chairman of Pediatric Dentistry, Dr. Carole Hanes, Associate Professor of Pediatric Dentistry, Dr. Ed Perdue, second-year resident in pediatric dentistry, and Dr. Gary Whitford, Regents Professor of Oral Biology, compared a new topical fluoride foam to the conventional topical fluoride gel to measure each product's ability to deposit fluoride on the surfaces of teeth.

"The research demonstrated that, although the ability of each product to deliver fluoride to the surface of the teeth was equal, the topical fluoride foam exposed children to less than one-fourth the amount of fluoride that could potentially be swallowed than did the topical fluoride gel," said Dr. Adair.

"You want topical fluoride treatments to be safe and well-tolerated by the patient, as well as effective in protecting against tooth decay," said Dr. Whitford. "The main problem with fluoride gels is that some patients swallow too much during the treatment and get nausea and gastric distress."

Topical fluoride treatments are a routine part of preventive measures for children in pediatric offices. "Almost all children seen in dental offices will receive topical fluoride treatments. This foam further minimizes the risk of a virtually risk-free procedure, because it exposes the patient to one-fourth as much fluoride," said Dr. Adair ■

3 Retiring Faculty Honored

The Medical College of Georgia School of Dentistry honored three retiring faculty members during MCG's Faculty Assembly May 18.

The retirees are Ed Forde, Dr. Louis P. Gangarosa and Dr. David W. Shelton.

Mr. Forde, Assistant Professor of Dental Education, joined the MCG faculty in 1971 as Production Coordinator of the MCG School of Dentistry Development Dental Studies Program. He was named Instructor and Coordinator of the Dental Educational Resources Program in 1972 and Assistant Professor in 1977.

He has served on the dental school's Institutional Self-Study Educational Support Services Committee, the Small Grants for Innovation in Dental Education Committee, the Faculty Development Committee and the Task Force on Academic Development. He is a member of Omicron Kappa Upsilon, the national dental honor society.

Dr. Gangarosa, Professor of Oral Biology and Teaching Coordinator for Pharmacology in the School of Dentistry and Professor of Pharmacology in the Schools of Medicine and Graduate Studies, joined the MCG faculty in 1968.

He has served on the MCG Graduate Program Development Committee, the American Dental Association National Board Pharmacology Test Committee and the Committee for Restructuring of Part II National Boards. He is a member of Omicron Kappa Upsilon, the International Association for Dental Research and the American Society for Pharmacology and Experimental Therapeutics.

Dr. Shelton, Professor in the School of Dentistry Department of Oral and Maxillofacial Surgery and Professor in the School of Medicine Department of Surgery, joined the MCG faculty in 1979. He left in 1981 to serve as Clinical Professor of Surgery at the University of Texas Medical School and returned to MCG in 1983.

He serves on the MCG Hospital's Emergency Services Committee, Operating Room Committee and Cleft Palate Board. He is a member of Omicron Kappa Upsilon and a fellow of the International College of Dentists, the American Association of Oral and Maxillofacial Surgeons and the American College of Oral and Maxillofacial Surgery. ■

School of Dentistry faculty and alumni listen to 17th Annual Goldstein Lectureship held May 6 during Homecoming 1995.

Dental School Opens Stomatology Clinic

Glenn Hudson

The Medical College of Georgia School of Dentistry has established a stomatology clinic to accept referrals for patients with oral soft tissue disease, mucosal lesions, ulcerations, facial pain and other problems related to the dermatology and neurology of the mouth.

The clinic comprises five specialty dental practitioners in the areas of radiology, oral pathology and oral pharmacology. Drs. Joe Konzelman, Lou Gangarosa, Wayne Herman, Brad Potter and Bryan Whitaker in March began treating patients in the Dental Foundation Faculty Practice Clinic on Friday mornings.

"This clinic provides a service to both physicians and dentists," said Dr. Konzelman, Associate Professor of Oral Medicine at the MCG School of Dentistry. "We expect referrals from the MCG Hospital and Clinics as well as from dentists and physicians in the Central Savannah River Area."

Physicians and dentists wishing to refer patients to the clinic may call Shirley Albert at 1-800-733-1828. Patients can contact the clinic at 1-800-721-2273. ■

Dental School Studying Gum-Disease Treatment

Glenn Hudson

The Medical College of Georgia School of Dentistry is participating in a national study to see if an investigational combination of a presently available antibiotic suspended in a gel solution can improve the fight against gum disease.

The nine-month clinical trial, funded by Atrix Laboratories of Ft. Collins, Colo., will test a yet-unnamed medication which is applied in the pockets between the gums and the teeth which form due to gum disease, said Dr. Philip Hanes, Associate Professor of Periodontics and Principal Investigator of the study at MCG. The study, to take place at 10 sites, is aimed at obtaining Food and Drug Administration approval for the medication.

"The gel-type vehicle permits the application of this medication directly into the pocket, resulting in a higher dose of antibiotic than a pill," he said. The gel slowly dissolves in the mouth, releasing the medication at a continuous rate.

"Until now, we have relied mostly on mechanical cleaning or scraping the area and occasionally administering an oral antibiotic. But this method is not as successful with pockets that are very deep or are in the back of the mouth which are hard to get to," he said. "This investigation is being conducted to determine if this medication is useful for the treatment of pockets in hard-to-reach areas."

The bacteria which build up in these pockets can result in periodontal disease if left unchecked, said Dr. Hanes. Periodontal disease can eventually destroy the bone in the jaw around the teeth, which can lead to tooth loss. ■

Dr. Steflik Named President

Dr. David Steflik, Associate Professor of Oral Pathology at the Medical College of Georgia School of Dentistry, has been elected President of the Implantology Research Group of the International Association for Dental Research.

Dr. Steflik's duties included serving as Program Chairman for the Implantology Group Program for the International Association for Dental Research meeting in Singpore in July. ■

Graduate Studies

Dr. Kirch Assumes Deanship of Graduate Studies

Toni Baker

Dr. Darrell G. Kirch, Dean of the Medical College of Georgia School of Medicine, also assumed the duties of Dean of the MCG School of Graduate Studies April 12 in a move designed to streamline management of two tightly interwoven schools, MCG President Francis J. Tedesco announced.

The new structure will enhance operational management while allowing both schools to retain their distinct identities, the President said. The School of Medicine grants medical degrees; the School of Graduate Studies grants master's degrees and doctorates in healthcare areas such as nursing, dental hygiene, health information management, anatomy and oral biology.

Dr. Kirch served as Interim Dean of the School of Graduate Studies since September 1994 when Dr. Lowell M. Greenbaum, Graduate Studies Dean and Vice President for Research, announced his pending retirement.

Under the former system, most faculty members in the graduate school had primary appointments in the MCG School of Medicine, and others were in the Schools of Allied Health Sciences, Dentistry or Nursing.

In requesting the management change from Dr. Stephen R. Portch, chancellor of the University System of Georgia, Dr. Tedesco pointed out that the graduate school dean had limitations in management because all of his faculty had primary appointments in other schools.

"It is felt that the Dean of the School of Medicine can effectively develop policies and programs for the School of Graduate Studies in close consultation with the Deans of Allied Health Sciences, Dentistry and Nursing," Dr. Tedesco wrote.

The creation of the position of Associate Dean for Graduate Studies in 1994 will greatly facilitate the new management structure, Dr. Kirch said. Dr. Gary C. Bond, an Associate Professor in the School of Medicine's Department of Physiology and Endocrinology, is responsible for the day-to-day management of graduate school operations as its first Associate Dean, Dr. Kirch said. "He's been doing a superb job in that capacity."

Dr. Kirch will work with the Deans of Allied Health Sciences, Dentistry and Nursing in coordinating graduate school programs and said the successful operation of the school is dependent on a high degree of cooperation and interaction. ■

School of Graduate Studies alumni and faculty socialize during a Homecoming luncheon.

School of Graduate Studies faculty, students and alumni enjoy a May 5 cookout during Homecoming 1995.

Mr. Swayne Named Distinguished Alumnus

Medical College of Georgia alumnus Gregory M. Swayne was named the 1995 Distinguished Alumnus by the alumni associations of both the Medical College of Georgia School of Allied Health Sciences and School of Graduate Studies. He was presented with the awards during homecoming May 5-7.

Mr. Swayne, President and Co-Founder of Medical Legal Illustrations Inc. and A.D.A.M. Software Inc. in Atlanta, earned a master's degree in medical illustration from MCG in 1984.

He co-founded Medical Legal Illustrations Inc. in 1985 to produce medical illustrations for court cases. In 1990, he founded A.D.A.M. (Animated Dissection of Anatomy for Medicine), a multimedia software program to teach anatomy. He was the grand award winner of the New York Festival Interactive Multimedia Competition in 1992 and won the 1993 Frank J. Netter Award in the International Competition for Excellence in Medical Illustration. (See feature story, page 10.) ■

Dr. Greenbaum Honored Upon Retirement

The Medical College of Georgia School of Graduate Studies honored Dr. Lowell M. Greenbaum, former Dean of the School of Graduate Studies and Vice President for Research, upon his retirement during MCG's Faculty Assembly May 18.

Dr. Greenbaum, Professor in the Department of Pharmacology and Toxicology, served as Dean and Vice President from 1986 to 1994.

During his tenure, he founded the Southeastern Pharmacology Society, implemented a Ph.D. program in nursing, organized an interdisciplinary monthly research seminar series and originated and taught a research ethics course.

He also implemented the first patent and copyright policy of the University System of Georgia Board of Regents, founded and organized the First Annual University System Research Symposium, served on the Chancellor's Research Advisory Committee and as a charter member of the board of the Educational Research and Development Association of Georgia. ■

Governor Discusses Impact of Gene Therapy

Christine Hurley Deriso

Georgia Gov. Zell Miller doesn't profess to understand all the esoterica involved in gene therapy, but he certainly understands the implications.

"The science and technology of genetics is changing our lives rapidly," Gov. Miller said during opening remarks at the fifth annual University System of Georgia Research Symposium held May 21-22 on the Medical College of Georgia campus. The theme of the symposium was "Genes: The Cure and Cause of Disease."

"Because of genetic research, diagnosing, treating and preventing disease is far more sophisticated than it was 10 years ago," Gov. Miller said. "As a student and teacher of history, I understand how essential cutting-edge research is to improving our quality of life. It enables us to give our children a better world than the one we inherited from our parents."

Cutting-edge research also is vital for a thriving economy, he noted. "I believe that [research] drives the whole process of high-tech economic development," he said.

And as proud as he is of Georgia universities' contributions to research, Gov. Miller thinks a new spirit of cooperation among University System of Georgia institutions will add a whole new dimension to the process.

"Georgia's research universities do a greater volume of research than [the research triangle] in North Carolina," he said. "We just haven't had the advantage of coordination and marketing. For Georgia to move to the forefront in research, we have to be deliberative, coordinated and cooperative about our efforts. This symposium promotes that kind of coordination and cooperation."

The research symposium gathers scientists from throughout the University System and beyond to discuss and exchange research findings. This year's keynote speaker was Dr. R. Michael Blaese, Chief of the Clinical Gene Therapy Branch of the National Institutes of Health's Human Genome Center. ■

Dr. Pandey Wins Young Scholars Award

Toni Baker

Dr. Kailash N. Pandey, Associate Professor of Biochemistry and Molecular Biology at the Medical College of Georgia, is a recipient of the American Society of Hypertension/ Marion Merrell Dow Young Scholars Award for 1995.

Dr. Pandey was honored at the 10th annual scientific session of the American Society of Hypertension May 19 in New York. He

Dr. Kailash Pandey

discussed his research on the relationship between hormones produced by the heart and blood pressure in a lecture titled "Atrial Natriuretic Factor Receptor: Mechanism of Action." Also, Marion Merrell Dow presented Dr. Pandey with a $10,000 award.

Dr. Pandey earned his doctorate in cell biology from the University of Kentucky in 1979 and completed postdoctoral work in biochemistry at Vanderbilt University in 1984 before joining the Vanderbilt faculty. In 1990 he became an established investigator of the American Heart Association and joined the MCG faculty.

He has received the Young Investigator Award from the American Heart Association, Tennessee Affiliate; the Young Faculty Development Award from the Andrew W. Mellon Foundation at Vanderbilt; and the Outstanding Young Basic Science Faculty Award at MCG. ■

Dr. Korach Delivers Lecture

Dr. Kenneth S. Korach (Ph.D., '74), Senior Research Endocrinologist and Chief of the Receptor Biology Section at the National Institute of Environmental Health Sciences in Research Triangle Park, N.C., delivered the Edwin B. Astwood Award Lecture during the 77th annual meeting of the Endocrine Society.

The meeting was held June 14-17 in Washington, D.C.

Dr. Korach's lecture was titled "Consequences of estrogen receptor gene mutations in mice and man." The lectureship is named for an endocrinologist whose research developed the first medical treatment for hyperthyroidism through the study of drugs that inhibit the synthesis of thyroxin.

Dr. Korach also chaired a symposia session during the meeting titled "Steroid Hormone Receptor Knockout Mutations."

Dr. Korach was named the 1992 MCG School of Graduate Studies Distinguished Alumnus. He received the National Institutes of Health Outstanding Performance Award in 1988, 1989, 1990 and 1991 and the National Institutes of Health Special Service Award in 1989. ■

Dr. Bransome Named to Second Term as Trustee

Toni Baker

Dr. Edwin D. Bransome Jr., Professor of Medicine, Physiology and Endocrinology and Director of the Medical College of Georgia Department of Medicine's Quality Management Office, has been elected to a second, five-year term as a trustee for medical sciences of the United States Pharmacopeia.

United States Pharmacopeia (USP) is a not-for-profit organization with a membership of healthcare professionals and scientists which promotes public health by establishing recognized standards of quality and information for the use of medicine and medical devices. ■

School Reinventing Itself for Future

Toni Baker

The Medical College of Georgia School of Medicine is reinventing itself as an academy for the 21st century rather than waiting for the century to dictate change, said Dean Darrell G. Kirch.

"If we can reinvent ourselves, look critically at how we are structured and how we work, sharpening our performance while, at the same time, we really do manage our costs, we can become an academy for the next century," he said in his annual State of the School address June 6. "Reinvention is a sweeping notion. It goes far beyond simple measures to cut costs. It means starting over, taking a fresh look and designing something the way you would if you were doing it from scratch, focused only on making it work right."

Reinvention is not new to a profession regularly confronted with the changes of the living body, yet change in the institution seems anxiety-provoking, he said. Today's medical schools already are the result of the "revolution" brought about by Abraham Flexner's Report on Medical Education in 1910. "The Flexner report was critical of many, if not most, of the medical schools in our nation and it included some very strong criticism of our own institution," he said. Amid criticism and talk of closure, the faculty proactively created a more objective admissions process, redesigned the curriculum, built new hospital facilities and found new sources of revenues.

"The events of 1910 represent just one of several times in our 167-year history that our school has had to reinvent itself. Sometimes it was because resources became scarce; at others it was because the external world had changed. Yet, in each of these transitions, we remained an academy, as the dictionary defines it, an 'association of scholars.'"

Today's scenario is not that different. Major constraints of resources in education, research and healthcare are apparent and institutions such as MCG are under pressure to increase productivity.

"Other academic health centers are reeling from failing to adjust to weakening [state funds and revenues from healthcare]. Not unlike 1910, increasing numbers of medical schools are looking seriously at whether they may have to close or merge with other schools to survive," Dr. Kirch said. Many of these schools were basically blindsided by change they didn't see coming. But the MCG School of Medicine has seen the changes coming and has begun to rethink and reinvent medical education and healthcare delivery.

For instance, a new course matches pairs of first-year medical students with community physicians. Also, management has been streamlined by creating positions such as vice dean for academic affairs and vice dean for clinical affairs.

"As we strive to be a highly collaborative, dynamic and progressive institution, a few might think this somehow negates the outstanding contributions so many have made to this institution in recent years. Anyone drawing that conclusion makes the mistake of thinking that the academy exists to preserve the present. The academy exists to discover the future. The reinvention of healthcare and medical education calls for our best collaborative academic innovation. Our values are unchanged. As scholars, our drive should be to lead the way in discovering new models for teaching, science and patient care. The rewards for our students and our patients will be great." ■

Distinguished Alumni Honored

The Medical College of Georgia School of Medicine Alumni Association honored three alumni during MCG's 1995 homecoming celebration May 5-7.

The association presented its Distinguished Alumnus Award for Loyalty to Dr. Winford H. Pool Jr.; its Distinguished Alumnus Award for Professional Achievement to Dr. James W. Pate; and its Distinguished Alumnus Posthumous Award to the late Dr. Samuel F. Rosen.

Dr. Pool, Professor Emeritus in the MCG Department of Radiology, is a 1952 graduate of the MCG School of Medicine. He joined the MCG faculty in 1960 and served as Chairman of the department from 1974 to 1987.

He is a Fellow of the American College of Radiology and was presented the Award for Teaching Excellence by the MCG School of Medicine senior classes of 1968, 1969, 1970 and 1979.

Dr. Pate, a 1950 MCG graduate, is Chief of Cardiothoracic Surgery at Regional Medical Center and University of Tennessee Hospital in Memphis. He is past President of the Southern Thoracic Surgical Association and a founding member of the Society of Thoracic Surgery. He has authored more than 120 scientific papers, primarily on cardiovascular surgery and physiology related to surgery and transplantation.

Dr. Rosen, a 1929 MCG graduate, maintained a private practice in medicine and dermatology in Savannah, Ga., from 1932 to 1972 and was a U.S. Public Health Service consulting dermatologist for more than 50 years. He was a past President of the Georgia Medical Society and Southeastern Dermatological Society and a past Vice Chairman of the Southern Medical Association Section on Dermatology. ■

Dr. Winford Pool (right) accepts a Distinguished Alumnus award from Dr. Roy Witherington.

Dr. Whitaker Strengthening Alumni Ties

Christine Hurley Deriso

It was during family gatherings in Macon, Ga., that Dr. Cecil F. Whitaker Jr. mapped out his destiny.

That's when, as a child, he'd listen to his aunt and uncle (Drs. Raymond and Mary Evelyn Swilling Suarez, both 1929 graduates of the Medical College of Georgia) talk shop. Dr. Whitaker was captivated. He wanted to do what they did. He wanted to be a doctor.

"I really thought about nothing else but medicine," says Dr. Whitaker, a gynecologist in Columbus, Ga., and President of the MCG School of Medicine Alumni Association. "The only specialty I didn't want to do was obstetrics. The hours are pretty goofy."

But he was hooked after his first rotation in the field as a medical student. Goofy hours notwithstanding, he interned in Macon after graduating from MCG in 1962. He then served two years in the Navy, where he delivered enough babies to lose count. Then he returned to MCG for a residency, where he recalls a particularly poignant exchange with a fellow alumnus.

The alumnus, an ob/gyn who had been practicing for many years, told Dr. Whitaker with tears in his eyes not to make the same mistake he had. As much as he loved his career, the alumnus said, he felt he hadn't spent enough time with his family; he'd missed too much of his children's lives. He counseled Dr. Whitaker to seek balance in his life.

Dr. Whitaker took the words to heart. After his residency, he began looking for a practice with enough partners to preclude round-the-clock work. He found what he was looking for in Columbus, where he hung his

Dr. Cecil F. Whitaker Jr.

shingle in 1969. He and wife Terry settled into the community with their three children. They joined the First Presbyterian Church, where Dr. Whitaker is an elder and sang in the choir before a bout of asthma forced him to give it up. He always carved out time for his hobbies, including traveling, reading, target-shooting and saltwater fly-fishing.

"I've never had a lack of hobbies," he says with a laugh. "About the only thing I don't do is golf. I never got into golf."

He and Terry also made sure that day-to-day family time went uninterrupted. "We had meals together," Dr. Whitaker says, noting that if his work ran overtime, the meal waited. "My wife made it possible for all of us to be together." He's still extremely close to his family – daughters Betsy and Susan, who live in Columbus with their families, and son Cecil F. (Frank) Whitaker Jr., a lawyer in Atlanta.

But despite his many priorities, Dr. Whitaker has always had plenty of time for his patients. He recently gave up obstetrics to focus solely on gynecology, but he'll never forget the joy of ushering new life into the world. His patients are his friends, he says, which makes good outcomes all the more satisfying. It also makes bad outcomes more heartbreaking. "When patients become your friends, people you love and see every day, our lack of ability to be perfect is a very hard thing," he says. "I handle it by trying to keep my emotions inside so I can support the family."

But the good times have far outweighed the bad, he says. "I honestly can say that if I had it to do over again, I wouldn't have done anything differently."

He's never forgotten the school that made his career possible, and he's worked hard to show his appreciation. He began serving on the MCG School of Medicine Alumni Association Board of Directors eight years ago and was named President in spring 1995. As President, "I'd like to see a lot more alumni involvement," he says. "We've had some outstanding success in increasing membership. I want that to continue and get even better. The danger is of alumni getting out of

Dr. Roy T. Ward Jr. ('47), a retired general practitioner in Watkinsville, Ga., has published a book, "Landscape Painting: A Personal View," featuring more than 200 black and white illustrations of his landscape paintings.

MCG President Francis J. Tedesco hosts a May 6 reception for alumni and faculty during Homecoming 1995.

The Tams perform at Homecoming dance May 6.

the loop. A good association can hold them together, keep them in touch. We do that, for instance, by hosting regional alumni dinners. This is a way to get our ideas in direct contact with the people in the periphery."

He also wants to foster more alumni involvement with students, building on existing efforts such as an annual freshman brunch and Homecoming cookout. "Any contact we can have with the students is great. We're working to have more. I also think we need to be more actively involved in the admissions process."

Alumnus support is particularly crucial in the face of today's unprecedented challenges in the medical field, Dr. Whitaker says. For instance, managed care is virtually revolutionizing health care. Today's doctors must band together to ensure that the changes are for the better, he says. "Change is inevitable. It's here. The main thing I'm concerned about is I don't want us to lose the best healthcare system ever put together. I'm worried that with managed care, we may slip a little. We've got to keep our standards high."

Another revolutionary change is the intense economic pressure of teaching hospitals to be competitive. "My concern is that teaching hospitals, in this race to produce income, not neglect teaching students. That's the last thing we can afford to ever let happen." ■

Johns Hopkins Honors Dr. Hatcher

Dr. Charles R. Hatcher Jr. ('54), Director of the Robert W. Woodruff Health Sciences Center and Vice President for Health Affairs at Emory University, has been named a 1995 Johns Hopkins University Society of Scholars inductee.

Dr. Hatcher and 14 other scientists and clinicians were honored during the society's 26th induction ceremony May 24.

Dr. Hatcher established and developed the nationally renowned open-heart surgery program at the Emory University School of Medicine. After graduating from MCG, he completed an internship, assistant surgery residency and surgery residency at Johns

School of Medicine alumni reunite during a Dean's Reception during Homecoming 1995, held May 5-7.

Hopkins Hospital.

The Johns Hopkins University Society of Scholars, the first of its kind in the nation, was created in 1967 to honor former postdoctoral fellows and junior or visiting faculty who have distinguished themselves in the fields of physical, biological, medical, social or engineering sciences or the humanities. The Johns Hopkins University Society of Scholars Committee, whose members are equally distributed among the academic divisions, elects the scholars from a list of candidates. This year's inductees brought the total number of society members to 326. ■

School of Medicine Alumni Association Officers, 1995-96

Cecil F. Whitaker Jr., M.D.
President

A. Bleakley Chandler Sr., M.D.
President-Elect

J. Daniel Hanks Jr., M.D.
First Vice President

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David M. Cohen, M.D.
General Director

Michael H. Whittle, M.D.
General Director

Robert M. Cates, M.D.
General Director

B. Lamar Pilcher, M.D.
General Director

School of Medicine senior Jacquelin Murphy was one of 83 percent of her class to find out on Match Day March 15 that she will complete a residency at one of her top three choices. Match Day matches U.S. medical students with residency sites. Forty-seven percent of MCG seniors chose primary-care residencies.

3 School of Nursing Alumni Honored

The Medical College of Georgia School of Nursing Alumni Association honored three alumni during homecoming May 5-7.

The association presented its E. Louise Grant Award, which honors an outstanding alumnus, to Dr. Linda D. Waters. It presented its Phoebe Kandel Rohrer Founders Award for outstanding research and education to Drs. Susan J. Hockenberger and Richard L. Sowell.

Dr. Waters earned a bachelor's degree in nursing from MCG in 1973, a master's degree in nursing from MCG in 1975 and a Ph.D. in educational studies from the University of Delaware in 1987. She is the Senior Nurse Administrator for the Educational Testing Service in Princeton, N.J., responsible for implementing a multimillion-dollar contract to convert the National Council Licensure Examinations for registered and practical nurses to computer adaptive testing.

She was Assistant Dean for Student Services at the University of Delaware College of Nursing from 1988 to 1992 and is a Robert Wood Johnson Nurse Faculty Fellow in primary care.

Dr. Hockenberger earned a master's degree in nursing from MCG in 1975 and an Ed.D. from Vanderbilt University's Peabody College for Teachers in Nashville in 1991. She is Dean and Professor of Bellarmine College's Lansing School of Nursing in Louisville, Ky. She also chairs the school's bachelor's-degree nursing program and is Coordinator of its Nursing Outreach Program.

She is a member of the Kentucky Nurses Association's Strategic Planning Committee and a member and past President of the Kentucky Board of Nursing. She serves on the Board of Directors of the American Cancer Society Jefferson County Unit.

Dr. Sowell earned a master's degree in nursing from MCG in 1983 and a Ph.D. in nursing with distinction from MCG in 1990. He is an Assistant Professor in the Clayton State College School of Health Sciences and Director of the Division of Research and Program Services of AID Atlanta Inc. The division offers several services for AIDS patients, including case management, social services, a nurse-managed early-intervention clinic and an HIV-AIDS hot line.

He and his colleagues are in the process of analyzing data from a three-year study of HIV-positive women and their families. Dr. Sowell is a Fellow of the American Academy of Nursing and is the Assistant Editor of the Journal of the Association of Nurses in AIDS Care. ■

Nursing School Relocates

Caroline Fitzpatrick

Part of the Medical College of Georgia's School of Nursing has been relocated to an extensively remodeled building on the corner of R.A. Dent Boulevard and St. Sebastian. The Children's Medical Center will be built at the site of the former School of Nursing building on Harper Street.

The school's new location was originally built in the 1930s to house minority nursing students. Since then, the building has housed the Department of Family Medicine and various other clinics. With such a varied past, some changes were definitely required in the building's design, according to Dr. Vickie A. Lambert, Dean of the School of Nursing.

The renovations for the building cost approximately $1.5 million and include new air conditioning and heating, remodeled floors, ceilings, doorways and walls and a new roof. The building was expanded to 18,351 square feet.

"The new location is aesthetically more pleasing, the layout is more accommodating and it puts us physically closer to the other half of our faculty on this campus in [the Jennings Wing]. Faculty, staff and students take great pride in the new building," said Dr. Lambert.

Only one-third of the nursing school is affected by the move; many of the school's faculty are located in the Jennings Wing on the MCG campus and the others are on the Athens, Ga., campus. ■

Dr. Lambert Named Woman of Excellence

Dr. Vickie A. Lambert, Dean of the Medical College of Georgia School of Nursing, has received a 1995 Women of Excellence Award lauding outstanding women in the community.

The Women of Excellence program, sponsored by the Central Savannah River Girl Scout Council and the Young Women's Christian Association of Augusta, honors women in eight categories, including arts, business, community service and education. Dr. Lambert was honored in the health category.

Dr. Lambert, the author of three college textbooks and numerous journal articles, is nationally known for her research on women with rheumatoid arthritis. During her tenure at MCG, the nursing school has become computerized, implemented master's programs in nurse anesthesia and family nurse practitioner, appointed a Coordinator of Research and obtained special funding to enhance the master of science in nursing program. The school's graduate program was ranked 47 out of 245 programs by U.S. News and World Report.

Dr. Lambert is a Fellow of the American Academy of Nursing and serves on the Georgia Board of Nursing. ■

Dr. Patricia Smith

Alumna Named Nurse of the Year

Dr. Patricia Smith, Associate Dean of Graduate Programs and Research in the East Tennessee State University College of Nursing, has received one of the school's 1994 Nurse of the Year Awards. Dr. Smith earned a master's degree in nursing from the Medical College of Georgia.

The award recognized Dr. Smith's grant-writing for the interdisciplinary training and family nurse practitioner graduate

MCG alumni and families enjoy a May 6 cookout and pool party during Homecoming 1995.

programs. She obtained $904,875 in grant money for "Interdisciplinary Training for Health Care for Rural Areas." She also obtained money for "Professional Nurse Traineeships for Family Nurse Practitioners."

Before being named Associate Dean, Dr. Smith was Chairman and Associate Professor of the Department of Professional Roles/Mental Health Nursing and the Graduate Program Coordinator. She has actively promoted research pursuits among the nursing faculty.

Dr. Smith is a member of Sigma Theta Tau, the national nursing honor society; the American Nurses Association; and the Tennessee Nurses Association. She is a recipient of the Tennessee award for Excellence in Advocacy of Nurses Practitioners presented by the American Academy of Nurse Practitioners.

She earned her bachelor's degree in nursing from Northwestern State University and her doctorate from the University of Tennessee-Knoxville. ■

Retirees Honored

The Medical College of Georgia School of Nursing honored four retiring faculty members during MCG's Faculty Assembly May 18.

The retirees are Dr. Patricia Shane Hoff, Dr. Barbara Fuszard, Dr. Shirley A. George and Donna M. Fair.

Dr. Hoff, Associate Professor in the Department of Community Nursing, joined the MCG faculty in 1977. She is a member of the American Public Health Association, the American Nurses' Association and the Gerontology Society of America.

Dr. Fuszard, Professor in the Department of Nursing Administration, joined the MCG faculty in 1984. She is a Fellow of the American Academy of Nursing and was named one of the top 10 national nursing administration theorists in 1988.

Dr. George joined the MCG faculty in 1982 and served as Acting Chairperson of the Department of Community Nursing from 1985 to 1986. She received the Family Counseling Center's 1987 Distinguished Service Award and a 1985 Significant Contribution Award from the 10th District of the Georgia Nurses Association.

Ms. Fair, Assistant Professor in the Department of Adult Nursing, has worked at MCG since 1958.

She is a member of Sigma Theta Tau, the School of Nursing Alumni Association and the American Association of University Women. ■

Nursing Student Associations Honored

Two nursing organizations affiliated with the Medical College of Georgia were honored during the Georgia Association of Nursing Students' February convention in Atlanta.

The Athens Student Nurses Association, which includes nursing students from the MCG School of Nursing's Athens campus, was named Chapter of the Year. The Augusta chapter, which includes nursing students from the school's main campus, won the Chapter Membership Recruitment Award for recruiting nearly 135 members in the past year.

Augusta chapter member Dena Herbert was elected to the association's executive board as Second Vice President. Ms. Herbert, a junior, lives in Martinez, Ga., with her husband, Mark, and their three children.

Also during the convention, the association's House of Delegates unanimously endorsed and adopted a resolution supporting primary prevention of prenatal and childhood exposures to toxic environmental health hazards. The resolution was authored by Kathryn L. Ryan, an MCG senior nursing student. It will be presented at the National Student Nurses Association convention in Charlotte, N.C., in April, where it is expected to be endorsed and adopted by the national House of Delegates.

The MCG-Augusta Student Nurses Association was re-established in 1993 and has since grown to nearly 150 members who engage in community service; political and legislative activities; and advocacy of students, the nursing profession and patients. ■

Maj. Myrna Lyons (center) accepts promotion certificate from Col. Sharon Ritchie. Standing next to Maj. Lyons are husband James and mother Minnie.

Nursing Student Promoted to Army Major

Marci M. Middleton

Myrna Henry Lyons, a graduate student in psychiatric-mental health nursing at the Medical College of Georgia, has been promoted to major in the Army Nurse Corps of Fort Gordon.

Maj. Lyons, who will earn her master's degree in December 1995, was honored during a recent ceremony at the School of Nursing.

"I know her as a soldier, leader, educator, clinician and proud to care Army Nurse Corps officer," said Col. Sharon Ritchie, chief of the Department of Nursing at Dwight D. Eisenhower Army Medical Center. "Contrary to what most believe, a promotion is not a reward for past accomplishments. It is the demonstrated confidence in the future abilities of an officer."

Maj. Lyons, the daughter of a World War II veteran, earned her nursing diploma from St. John's Episcopal School of Nursing in New York. After graduating, she worked as a critical-care nurse for 14 years. She also earned her bachelor's degree during that time.

"She worked full-time and went to school full-time," Col. Ritchie said. "This demonstrated that she was already an overachiever." After receiving a bachelor's degree in nursing, she attended basic training in Texas and became a lieutenant in the Army Nurse Corps. She was assigned to a medical intensive-care unit at Eisenhower, where she also completed a six-month mental-health nursing course.

She then was assigned to Fort Bragg, N.C., as a staff nurse on a 17-bed psychiatric and detoxification ward. After being promoted to head nurse, she developed and taught two classes for the Practical Nurse Course, enabled her staff to attend the Expert Field Medical Badge Course, attended seminars on group dynamics and communication and was promoted to captain. Also during this assignment, she completed a master's degree in human resource management, a company grade command course and a tour of duty in Panama during Operation Just Cause.

She also completed a European assignment in Landstuhl, Germany while serving as a unit quality assurance coordinator, reserve unit training coordinator and chairman for the general officer visitor program.

Maj. Lyons has been awarded an Army Achievement Medal, Army Commendation Medal and Meritorious Service Medal. She has completed Phase I of the Combined Armed Services Staff School, has enrolled in graduate training and has been inducted into the national nursing honor society, Sigma Theta Tau . ■

Class Notes

School of Allied Health Sciences

Ruth Allen Townsend (dental hygiene, '82), Spartanburg, S.C., married Russell Glenn April 22.

School of Dentistry

Col. (Dr.) Larry Townsend ('75), Fayetteville, N.C., practices prosthodontics in the U.S. Army Dental Activity at Fort Bragg. He is a mentor in Advanced Education in General Dentistry Residency.

Dr. George W. Baker Jr. ('77), a dentist in LaGrange, Ga., has been named one of 10 outstanding alumni of LaGrange College.

School of Medicine

Dr. James S. New ('36), Richmond Hill, Ga., is a retired psychiatrist living in a retirement complex. He's very active and in good health.

Dr. Herbert Pund Stelling ('51), Casselberry, Fla., has written a series of medical research articles. The third in the series was published in the December 1994 national specialty journal, *The Archives of Family Medicine*. The two previous articles were published in 1984 and 1990 in the *American Journal of Family Practice* and *The Archives of Internal Medicine*. He and wife Ann have graduated into a new service after he received emeritus status from Wright State University School of Medicine in 1988 and retired as university team physician. Ann, student wife diploma '51, is overdue for emeritus award of choir director and piano teacher. He has advanced to authoring a wellness book, teaching health part-time in Orlando elementary schools and serving as medical missionary in the Dominican Republic as well as a physician with Project USA on Rocky Boy, Mont., Rose Bud, S.D., and Eagle Butte, S.D. Indian reservations.

Dr. William Silver ('63), Atlanta, recently returned from Key Biscayne, Fla., where he was one of the faculty members for Rhinoplasty '94, the Advanced Rhinoplasty Course of the Educational and Research Foundation for the American Academy of Facial Plastic and Reconstructive Surgery. He also was a co-director for the course and has been elected director of this international course in 1996 to be held in Atlanta. He delivered two papers on special procedures in rhinoplastic surgery at this course. Dr. Silver is the Credentials Committee chairman for the American Board of Facial Plastic and Reconstructive Surgery and a recent past vice president of the American Academy of Facial Plastic and Reconstructive Surgery.

Dr. Garland "Crow" Gudger ('73), an orthopedic surgeon at the Hughston Sports Medicine Hospital in Columbus, Ga., has been named one of 10 outstanding alumni of LaGrange College for 1994-95.

AlumNews

Editor Christine Hurley Deriso
Writers Toni Baker
Christine Hurley Deriso
Ingrid Heggoy
Glenn Hudson
Design Travis Tom
Photography Phil Jones

Dr. James D. Day III ('74), Griffin, Ga., has been elected to fellowship in the American College of Cardiology. Dr. Day, after 13 years of internal medicine private practice, returned to training and completed a three-year fellowship at Emory University in June 1993. He is a cardiologist with a multispecialty group, Internal Medicine of Griffin. He and wife Hannah have a daughter, Joanna, 16.

Dr. Mary Marie Faucher ('79), Norcross, Ga., is board certified in pain medicine by the American Board of Anesthesiology. She is medical director of Georgia Healthcare Consulting Inc.

Dr. Glenda Hawkins Davis ('82), Nashville, Ga., specializes in diagnosing and treating attention deficit disorders, mood/behavior disorders and stress-related conditions. She opened the ADD/Stress Clinic in July 1994.

Dr. Stanston D. Spence ('82), Professor of Surgery at Morehouse Medical School, has been named one of 10 outstanding alumni of LaGrange College for 1994-95.

Dr. Charles A. Bisbee ('83), Fort Myers, Fla., is director of the pain management service and continuing medical education for Southwest Florida Regional Medical Center. He was elected president of the medical staff in December 1994 and was chairman of the Department of Surgery in 1992. He and wife Gilda (BSN. '79, MSN, '85) have children Laura, 5, and Elizabeth, 2.

Dr. George Crossley III ('84), Winston-Salem, N.C., is assistant professor of medicine and director of cardiac pacing at Bowman Gray School of Medicine of Wake Forest University. He is a fellow of the American College of Cardiology and is board certified in clinical cardiac electrophysiology.

Dr. Nancy Neuren Kator ('85), Potomac, Md., practices ob/gyn at Holy Cross Hospital in Silver Spring, Md., and is assistant clinical professor of ob/gyn at George Washington University. She has been a board certified fellow of ACOG since 1991 and is a lifetime member of the MCG School of Medicine Alumni Association. Her husband, Michael J. Kator, is a partner in the firm Kator, Scott & Heller in Washington, D.C., and has successfully represented the federal retired employees of several states including Georgia. Their third child, Jamie Lynne, was born Aug. 29, 1994. Son Daniel Justin is in preschool and is aspiring to be a doctor. Daughter Allison Leigh is completing kindergarten and hopes to be an ob/gyn like her mom. Dr. Kator enjoys volunteering in the preschool, snow-skiing, tennis and baking.

Dr. Roy A. Majors ('85), Charlotte, N.C., has been named a fellow of the American Academy of Orthopaedic Surgeons, the largest medical association for musculoskeletal specialists.

Dr. Chip Harbaugh ('86), Atlanta, practices pediatrics with the seven-member Children's Medical Group and has been elected president of the Greater Atlanta Pediatric Society. He and wife Sally Heilman Harbaugh, married two and a half years, were expecting their first child in February.

Drs. Dreama Jenkins-Pilcher ('86) and William C. Pilcher ('86) announce the birth of their daughter, Ashley Elizabeth Pilcher, Jan. 14, 1995. Dr. Jenkins-Pilcher is board certified in internal medicine and dermatology and is in private practice in Atlanta. Dr. William Pilcher is board certified in internal medicine and cardiology and is in practice with the Emory Clinic. They have a son, William Jr., 2.

Dr. Katherine Renee Hamlet ('92), Ann Arbor, Mich., has been elected chief resident of the dermatology residency training program for 1995-96 at the University of Michigan Medical Center.

Dr. Teresa Zembower ('92), received a 1995 Outstanding Achievement Award from the Mayo internal medicine residency program. She will begin an infectious-disease fellowship at Northwestern University in Chicago after completing her residency.

Deadline for submitting information for publication in the fall issue of Alumnews is Oct. 13, 1995

Alumni! Let us know what's new with you by taking a moment to fill out this form. Also, please send us your curriculum vitae so we can keep your files up-to-date.

☐ Male ☐ Female

Today's date

Name

Phone

School graduated from

Degree Class year

Street address

City State Zip

❑ Check if new address

Present specialty and place of practice or training

Professional news (attach additional page if needed)

Personal news (b&w photos welcome

Please send to: Christine Deriso; Alumni Center FI-100; Medical College of Georgia; Augusta, GA 30912

Obituaries

Dr. Henry G. Carter Jr. ('50), Norfolk, Va., died Jan. 1, 1995.

Dr. John Roger Hemphill ('64), Nashville, Tenn., died Jan. 24, 1995, of pancreatic cancer. Dr. Hemphill was known as a leader in the development of emergency medicine in middle Tennessee and as an advocate for access to health care for the poor. He donated time as a medical missionary in New Mexico and Appalachia. He was a deacon and choir member for Harpeth Heights Baptist Church in Nashville. Survivors include wife Penny, four children and five grandchildren.

Dr. William Bryan Dion ('91), Charlottesville, Va., died April 10, 1995, in a car accident while returning to Charlottesville from Augusta where he had attended the Masters Golf Tournament. Dr. Dion was completing a vascular surgery residency at the University of Virginia Health Sciences Center.

MEDICAL COLLEGE OF GEORGIA Hospital and Clinics Annual Report

During fiscal year 1994-95, the Medical College of Georgia Hospital and Clinics provided more than $78 million* of care to those who could not pay.

Key

Top figure: Number of MCG inpatients and outpatients from that county during fiscal 1994-95.

Bottom figure: Dollar amount of services provided by MCG Hospital and Clinics to residents of that county unable to pay for all of the care rendered. ■

*This amount excludes payments received from the Indigent Care Trust Fund.

Year in Review

Commitment. Value. Quality. Teamwork. These words underscore the Medical College of Georgia Hospital and Clinics' accomplishments during the 1995 fiscal year: Commitment to its mission, its vision and its principles; commitment to the value and quality components of the healthcare services it provides; commitment to the highly skilled staff and faculty whose collective efforts have propelled the hospital forward in the 1994-95 fiscal year.

This progress was made possible by multiple teams of faculty and staff collaborating across departmental lines, working together toward a common mission of excellence in patient-care delivery and service, education of students and support of innovative knowledge.

MEDICAL COLLEGE OF GEORGIA Hospital and Clinics Annual Report

It took professionals from all walks working together for MCG to take the lead in an unprecedented academic-corporate alliance to seek a $3.5 billion Department of Defense healthcare contract.

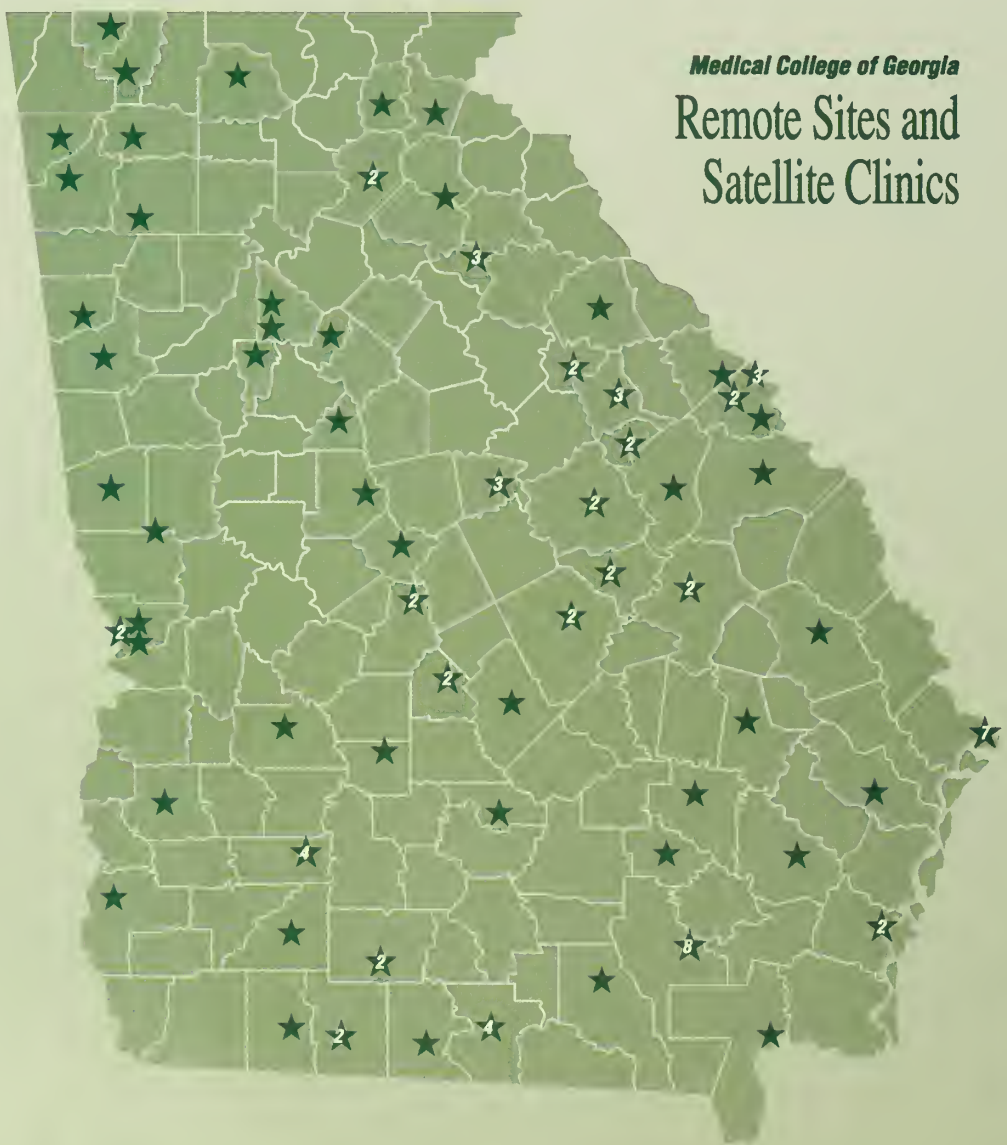
It took people working together for the Medical College of Georgia Hospital and Clinics to join with the Emory University System of Health Care in networking with physicians and hospitals throughout the state to create Georgia First, a provider-owned healthcare network which will offer Georgia's businesses convenient, cost-efficient healthcare.

It took people working together to prepare for a successful survey by the Joint Commission on the Accreditation of Healthcare Organizations. Much of the success in this survey process resulted from work done by multidisciplinary performance improvement teams. The integration of faculty and staff into these teams was a major factor in MCG's successful survey, resulting in a full three-year accreditation.

It also took people working together to provide healthcare to more than 400,000 outpatients and 19,000 inpatients.

This year, MCG Hospital and Clinics completed an updated mission and vision statement reflecting ideals and initiatives that position the clinical enterprise in a managed care environment. A Clinical Practice Board was established by the Clinical Enterprise Executive Committee to restructure and support faculty practice.

MCG will submit its final proposal to obtain the TRICARE governmental contract to care for CHAMPUS-eligible patients in the Southeast. This $3.5 billion contract is expected to be awarded this September.



Clinical Outreach

The MCG Telemedicine Center conducted 102 consultations in fiscal 1995. More than 89 percent of the patients were effectively treated without requiring transfer.

Rural Outreach Consultation Services (medical subspecialties) have been developed in response to requests by the medical communities in Swainsboro for cardiology services and Sandersville for cardiology and oncology services. Through these programs, approximately 800 cardiology consultations and 235 oncology consultations were performed through March 1995.

CancerCall, a free telephone service staffed by oncology nurses with access to a computer data bank filled with the latest information about all forms of cancer, fielded 893 calls during the year.

The MCG Hospital and Clinics began participating in the Georgia Better Health Care pilot project in October 1993. Designed to improve access to healthcare for Medicaid recipients, the program pairs patients with physicians who provide all primary care and authorize referrals for specialty care and inpatient services. As of April 1995, there were 137,000 Medicaid enrollees and 650 primary-care providers involved in this project.

The Johnson County Community Health Center (CHC) in Wrightsville, Ga., provides

health services to the residents of this county. More than 3,900 individuals have received care through the CHC.

There are 31 MCG pediatric satellite clinics in 14 locations throughout the state. Services offered include neurology, cardiology, oncology and endocrinology.

Primary Care

Advancements in primary care during fiscal 1995 included:

- A 15 percent increase in patient-care services volume.
- Establishing a Georgia Better Healthcare Well Child Clinic, with the development of an immunization center anticipated during fiscal 1996.
- The addition of new faculty in the Section of General Medicine to expand the Clinical Enterprise's capacity to deliver adult primary care.
- The addition of a family nurse practitioner to the Family Medicine Center.

Specialty Medical/ Surgical Care

Multidisciplinary case management approaches were initiated during fiscal 1995 to enhance patient services in specialty medical and surgical care, including initiating collaborative care pathways to ensure quality patient care and outcomes and the best utilization of resources.

These pathways were established for patients with renal transplant, sickle cell crisis, total hip replacement, diabetes and other conditions. Improvements in patient outcomes included decreased fragmentation of care, decreased length of stay, enhanced patient education, facilitated discharge planning and increased cost effectiveness for the patient.

Urology services were enhanced, and Dr. Ronald Lewis came on board as Chief. Collaborative programs have been developed with reproductive endocrinology, and new faculty have been recruited to add endoscopic, pediatric and oncology services.

Outpatient visits increased 48 percent in the MCG Center for Sports Medicine, which offers comprehensive services to prevent, diagnose and treat sports-related problems.

Women's Services

In August 1994, Dwight David Eisenhower Army Medical Center relocated all obstetrical deliveries and other ob/gyn inpatient services for military personnel and their dependents to MCG. The move was an example of resource-sharing among healthcare providers which is becoming increasingly prevalent nationwide as a means of cost control.

The Premenstrual Syndrome Clinic continued to outperform expectations and was expanded this year to include menopausal disorders. The MCG Breast Cancer Support Group, the only support group in Augusta supported by the American Cancer Society, was organized in the fall, and a Screening Mammography Program opened in March.

The Jefferson Hospital Prenatal Center, funded by MCG Hospital and Clinics and the Indigent Care Trust Fund, received the Georgia Rural Health Association's Rural Health Program of the Year Award for 1994. The Postpartum Family Health Outreach Program, also funded through the Indigent Care Trust Fund, is in its second year of operation. The MCG Perinatal Service was awarded a Certificate of Intent for qualifying as a Baby Friendly Hospital, a global program promoting breast-feeding.

Neurobehavioral Services

The Adult Partial Hospitalization Program opened in July 1994 and the Adolescent Partial Hospitalization Program opened in December. The Child Psychiatric Unit moved to "A Child's Place," a renovated unit designed with the special needs of children in mind.

In the Department of Neurology, continuous quality improvement is a focus of a multidisciplinary team working in the Epilepsy Surgery Program. Telemedicine is proving to benefit neurobehavioral patients as well as those from other services. Psychiatry has begun developing a telemedicine studio in the outpatient practice site. Telemedicine already is in use in the neurology section, providing the largest number of telemedicine consults at MCG.

Children's Services

The architectural planning process for the new Children's Medical Center facility began and was completed during fiscal 1995. Ground-breaking is scheduled for this fall; completion is scheduled for late 1997.

Other CMC initiatives during the year included a school services program to provide educational support to all hospitalized children; a Pediatric Epilepsy Monitoring Unit, which opened this summer; a Pediatric Nurse Triage program allowing parents of established patients to call a central number and consult with experienced pediatric nurses; and ground-breaking of a new Neonatal Intensive Care Unit, scheduled for completion in summer 1997.

The Family-Centered Care Committee, co-chaired by a parent and a CMC professional, received approval to implement a breakfast cart to circulate through patient-care areas to provide coffee and breakfast pastries to parents of CMC patients. Also, the group initiated planning for a new parent manual and helped plan a proposed parent lounge. ■

MEDICAL COLLEGE OF GEORGIA Hospital and Clinics Annual Report

MCG Joins Statewide Provider Network

The Medical College of Georgia Hospital and Clinics and the Emory University System of Health Care and its affiliated hospitals have joined in a statewide network of physicians and hospitals designed to offer Georgia's businesses convenient, cost-efficient healthcare.

Russ Toal, former Director of Corporate Services for the Emory System, is President and Chief Executive Officer of the new hospital network called Georgia 1st. In addition to MCG Hospital, Emory's 35 affiliates representing 47 hospitals across Georgia are eligible to participate in Georgia 1st.

National healthcare reform efforts have accelerated the private sector's work to reduce healthcare costs, which is the role of management and managed healthcare, said Dr. Charles H. Wray, MCG Vice President for Clinical Activities and Georgia 1st board member.

"This is an important step forward in MCG's participation in managed healthcare," said Dr. Darrell G. Kirch, Dean of the MCG School of Medicine. "It's necessary, as more patients come under managed-care plans, to ensure that MCG remains available to those patients as a place to get high-quality healthcare."

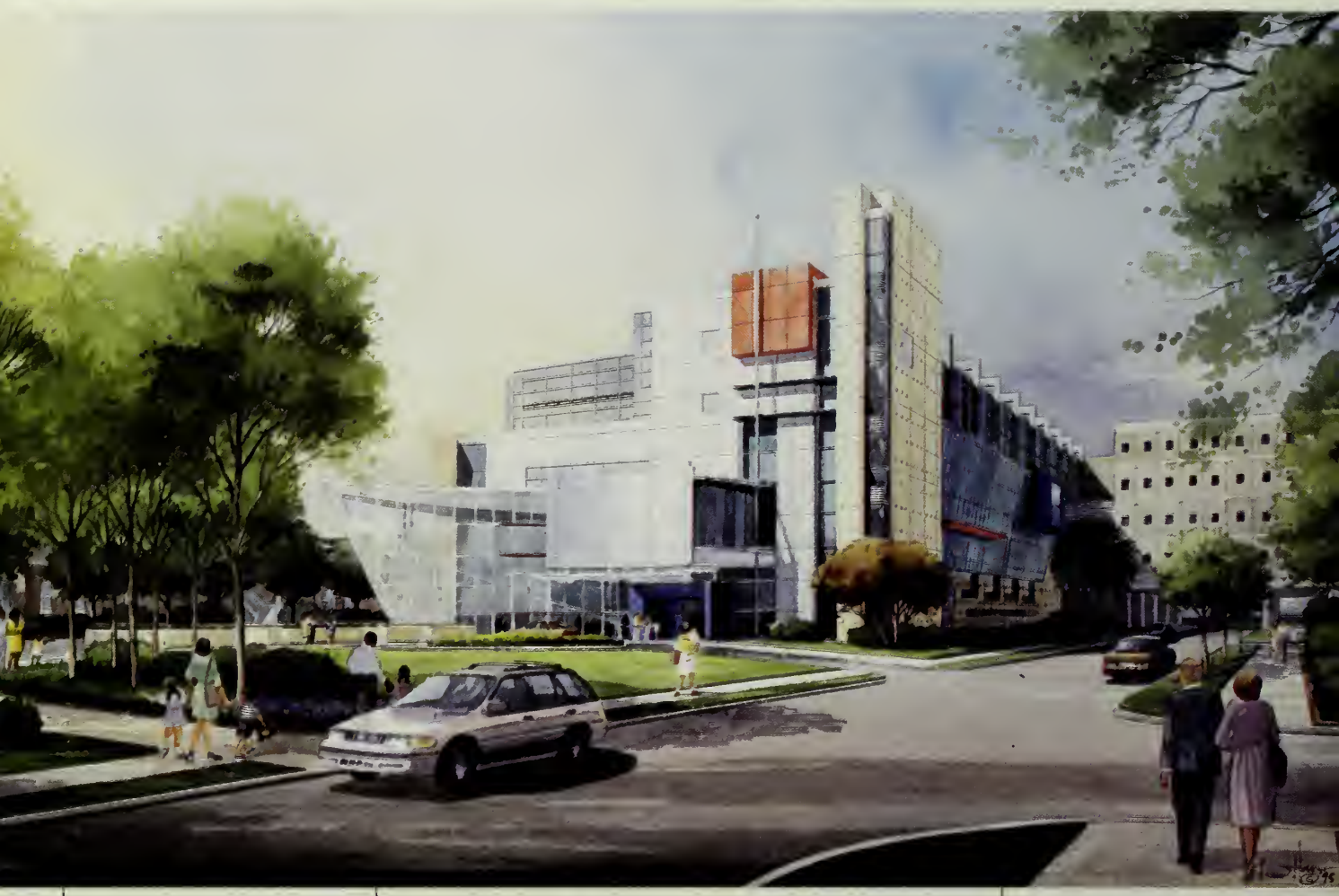
Academic healthcare centers must secure an adequate patient base not only for their financial security, but for their educational mission as well, said Dr. Francis J. Tedesco, MCG President. "To ensure a solid referral base, we want to participate in networks with managed care," he said. ■

—TONI BAKER

CMC's Architectural Rendering Unveiled

The new Medical College of Georgia Children's Medical Center has been designed for children and their families with their input, hospital administrators said in unveiling the architectural rendering of the new facility.

"We want this facility to be a source of hope and strength, a place where families know that if they have a problem with a sick child, no matter if it's a minor ill-



MEDICAL COLLEGE OF GEORGIA Hospital and Clinics Annual Report

ness or a major one, they can feel very confident that they are going to get the best care, that they are going to get the kind of support they need to get them through this family situation," said Patricia Findling-Sodomka, Executive Director of MCG Hospital and Clinics.

Over the past two years, the MCG Children's Medical Center—which serves children from throughout Georgia and the Southeast—has enhanced its implementation of family-centered care, including positioning parents as the central care-givers and nurturers of their hospitalized children and honoring each family's values, needs, cultures, resources and strengths, Ms. Sodomka said.

This approach is integral to the design and operation of the Children's Medical Center, Ms. Sodomka said. "When a child is ill, it's stressful for the whole family. We know that the parents need to be very much involved in the care of the child. So we want families to feel like this is their place. It's meant for them."

Stanley, Beaman & Sears, Inc., an Atlanta-based architectural firm specializing in the design of children's hospitals and women's healthcare facilities, was awarded the contract to design the 220,000-square-foot children's hospital on Harper Street in April 1994. The new facility will be built at the site of the former School of Nursing and Richmond County Health Department buildings. The CMC currently is housed primarily on the eighth floor of the MCG Hospital.

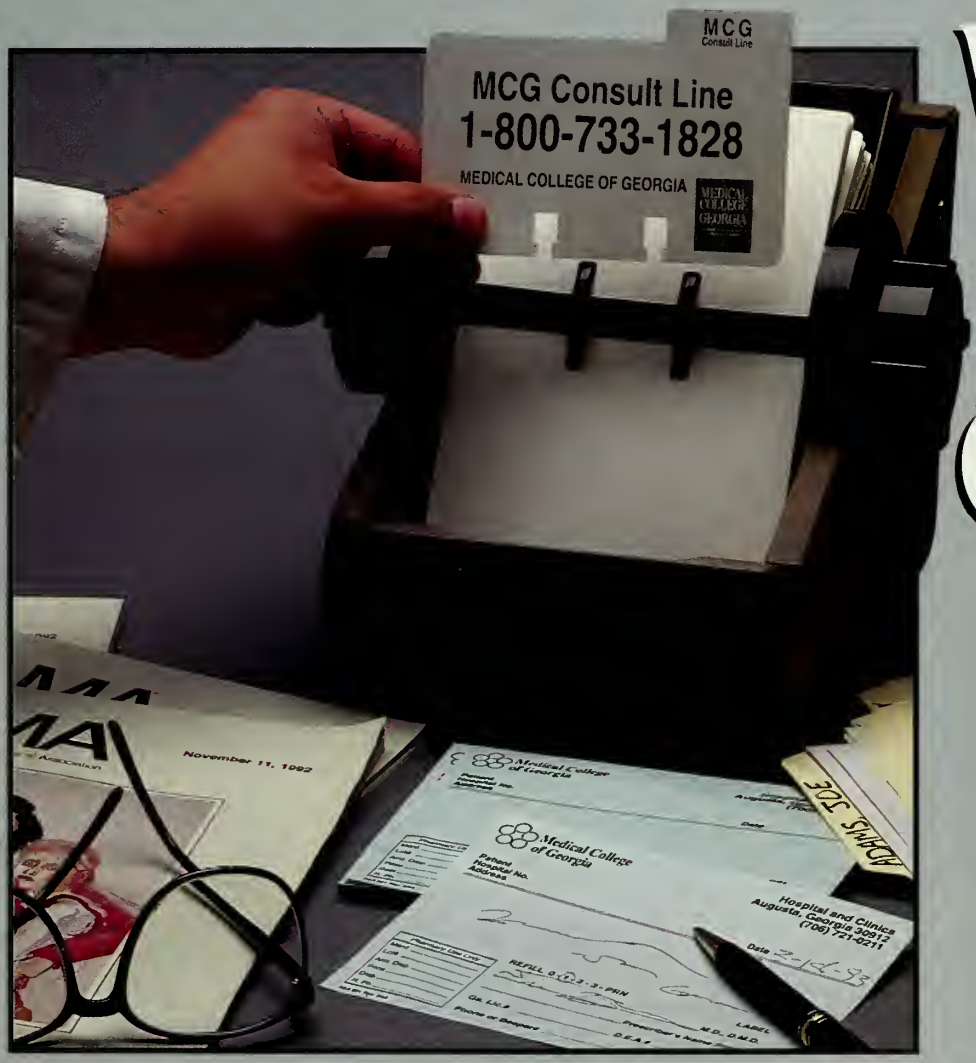
"We intend for this building to house one of the top-10 children's medical centers in the country," said Dr. William P. Kanto Jr., Chairman of the MCG Department of Pediatrics. "We will do this by providing the finest technical care in a compassionate, family-centered environment."

Ground will be broken this fall for the new facility, which is financed by a $46.5 million bond issued by the state of Georgia. Construction should be complete by late 1997. Site-planning and schematic design (the placement of the building, its exterior walls, major corridors and departments) were the first order of business.

The planning process was spearheaded by the Design Planning Group, chaired by Ms. Sodomka, supported by 20 planning teams and the Family Advisory Council. One hundred and seven people were involved, with many serving in several capacities. Membership included MCG faculty and staff, community physicians, community leaders and parents.

The new facility will have an emergency room, operating rooms, admissions process, laboratories and parking. A 16-bed pediatric intensive care unit and 96 medical/surgical beds will be designed according to the developmental age of the child, including an infant and toddler unit, school-age unit and adolescent unit. The CMC will be connected floor-by-floor to the MCG Hospital and Clinics, where other CMC services are located including outpatient facilities, a 36-bed neonatal intensive unit now under construction and a nine-bed child psychiatry unit. This brings the total number of beds to 157. ■

IF YOU'RE ON CALL WE'RE ON CALL.



By calling the MCG Consult Line, you can consult with a faculty physician, request a referral, discuss new patient care techniques and recent research findings, or even inquire about continuing education opportunities.

Your call will be answered 24 hours a day by a physician consultation specialist who will promptly connect you with the physician, service or department of your choice. If you do not know which physician or service to ask for, the specialist will assist you in identifying the appropriate MCG resource.

THE MEDICAL COLLEGE OF GEORGIA
The Health Sciences University of the State of Georgia

1-800-733-1828

Summary Statement of Current Funds Revenues, Expenditures and Other Changes

Year Ended June 30, 1995

	Unrestricted			
	Educational and General	Auxiliary Enterprises	Restricted	TOTAL
Revenue				
Educational and General Revenues				
Student Tuition and Fees	$7,357,983			$7,357,983
Federal Appropriations				0
State Appropriations	129,716,516			129,716,516
Local Appropriations				0
Federal Grants and Contracts	2,654,882		10,546,272	13,201,154
State Grants and Contracts	55,113		10,770,415	10,825,528
Local Grants and Contracts			1,279,641	1,279,641
Private Gifts, Grants and Contracts	476,391		33,344,274	33,820,665
Investment Income				
Endowment			78,442	78,442
Other				0
Sales and Services of Educational Departments	10,011,127			10,011,127
Other Sources	71,890			71,890
Patient Fees	199,939,100			199,939,100
Sales and Services of Auxiliary Enterprises		6,787,473		6,787,473
TOTAL REVENUES	**350,283,002**	**6,787,473**	**56,019,044**	**413,089,519**
Expenditures and Mandatory Transfers				
Educational and General Expenditures				
Instruction	84,799,017		33,015,391	117,814,408
Research	300		14,148,628	14,148,928
Public Service	0			0
Academic Support	8,213,999		214,467	8,428,466
Student Services	1,400,008		13,631	1,413,639
Institutional Support	26,554,711		847,450	27,402,161
Operation and Maintenance of Plant	16,054,082			16,054,082
Scholarships and Fellowships	908,874		808,501	1,717,375
Hospital Expenditures	212,352,612		6,970,976	219,323,588
Auxiliary Enterprises Expenditures		6,400,845		6,400,845
Mandatory Transfers				0
TOTAL EXPENDITURES AND MANDATORY TRANSFERS	**350,283,603**	**6,400,845**	**56,019,044**	**412,703,492**
Other Transfers and Additions/Deductions				
Excess Restricted Receipts Over Transfers to Revenues			7,538,329	7,538,329
Non-Mandatory Transfers		(339,374)		(339,374)
Adjustments—Prior Year	523,197	8,640		531,837
Lapse of Surplus—Prior Year				
To State Treasury—General Funds	(118,045)			(118,045)
To State Treasury—Lottery Funds				0
TOTAL OTHER TRANSFERS AND ADDITIONS/DEDUCTIONS	**405,152**	**(330,734)**	**7,538,329**	**7,612,747**
NET INCREASE (DECREASE) IN FUND BALANCES	**$404,551**	**$55,894**	**$7,538,329**	**$7,998,774**

President's Club

President's Level

Members of the club's President's Level have made lifetime contributions of $50,000 or more and have achieved permanent membership in this giving club. We acknowledge with deep appreciation their generous support.

Mr. Gerry H. Achenbach
Dr. and Mrs. Russell A. Acree Sr.
Mr. and Mrs. W. Clay Adamson Jr.
Dr. and Mrs. Marshall B. Allen Jr.
Mr. and Mrs. William L. Amos Sr.
Dr. William L. Barton
Dr. James W. Bennett
Mr. and Mrs. Paul Berney
Estate of J.C. Bible Jr.
Mrs. W. Herman (Estelle) Brooks
Dr. Clark Case
Mr. W. Roscoe Coleman
Estate of Dr. Allen M. Collinsworth
Mrs. James A. (Willie Ewing) Crockett
Dr. and Mrs. H. Gordon Davis Jr.
Dr. and Mrs. H. Gordon Davis III
Dr. and Mrs. Byron H. Dunn
Drs. Taher Abdel M. El Gammal and Betty Sue Brooks
Drs. Robert G. and Lois T. Ellison
Dr. Emile T. Fisher
Mrs. Sammie S. Flaherty
Dr. W. Stewart Flanagin
Dr. and Mrs. Marvin C. Goldstein
Mr. Edward L. Greenblatt
Mr. John C. Hagler III and Dr. Mary Anne Tyler Hagler
Dr. and Mrs. Chenault W. Hailey
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Mr. and Mrs. Marion P. Harris
Dr. J. Harold Harrison
Mrs. Milford B. (Marion) Hatcher
Mrs. Grace S. Hawes
Mrs. Charles Goodrich (Carolyn) Henry
Dr. and Mrs. Paul F. Holcomb
Dr. and Mrs. Gordon W. Jackson
Mr. and Mrs. Lansing B. Lee Jr.
Dr. and Mrs. Virendra B. Mahesh
Estate of Marguerite Fugazzi Mason
Mrs. Corrie Ann Maxwell
Mr. and Mrs. Charles M. McCrory
Dr. and Mrs. Virgle W. McEver Jr.
Dr. Andrew Thomas McRae Jr.
Mrs. Lillie Mae Mealing
Mr. and Mrs. Douglas L. Moody
Dr. and Mrs. William B. Mullins
Dr. Harrry B. O'Rear, *President Emeritus,* and Mrs. Charlotte O'Rear
Dr. and Mrs. B. Lamar Pilcher
Dr. and Mrs. Jerry G. Purvis
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Mr. William F. and Bertha Lee Toole
Mrs. Vera Cordell Wardlow
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Dr. and Mrs. Roston M. Williamson Jr.
Dr. and Mrs. Arthur W. Willis Jr.
Drs. Charles H. and Betty B. Wray

Founders Level

The following members of the President's Club at the Founders Level have made lifetime contributions of $10,000 to $49,999. We greatly appreciate the generous support of these individuals.

Dr. William C. Acton
Mr. and Mrs. R. Thomas Ambrose
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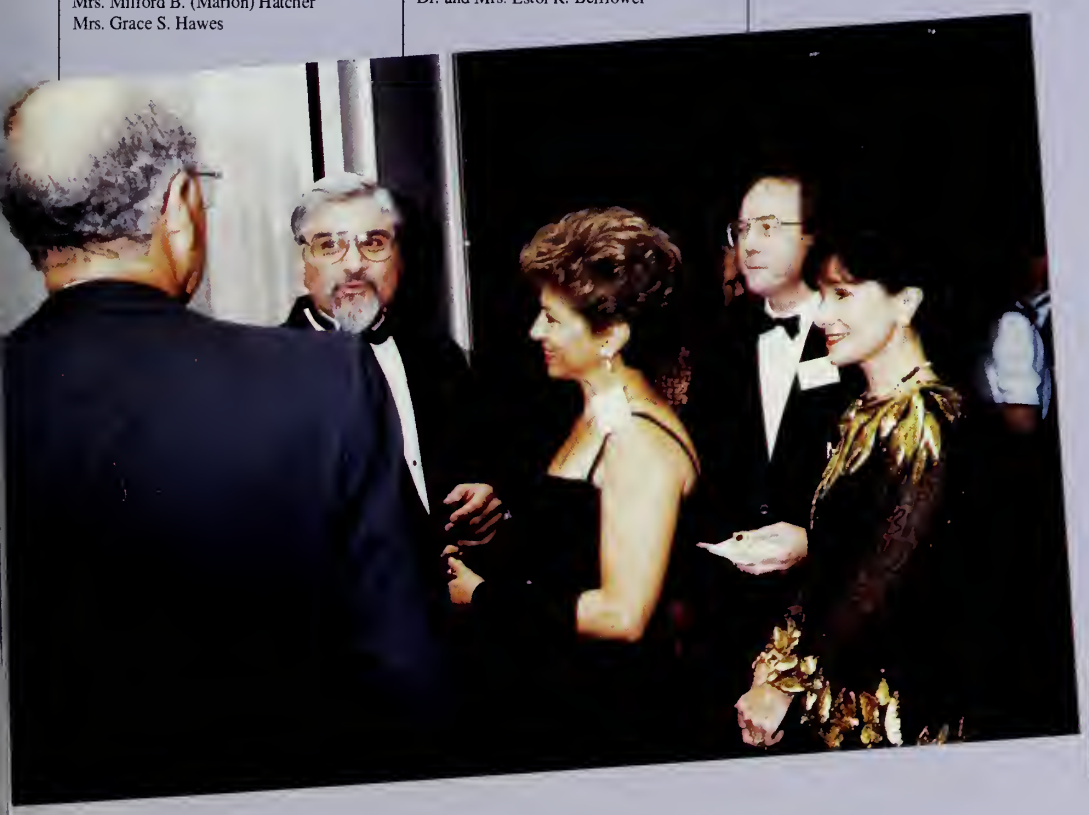

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